



ROYAL OAK
INSIGHT



YOUR
SCHOOLS

City of Royal Oak, Parks & Recreation and Royal Oak Schools Newsletter

SUMMER 2025

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Royal Oak Outdoor Art Fair July 12 - 13

A COMMUNITY COLLABORATION:

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Royal Oak
Life Now Playing



ROYAL OAK SCHOOLS
A COMMUNITY OF EXCELLENCE



Letter from the Parks & Recreation Director



Dear Royal Oak Community,
We are thrilled to share the latest edition of our **Summer Insight** magazine, packed with exciting recreational opportunities for all ages!

This May, we will officially break ground on improvements to Clawson Park. Updates include enhancements to the ball diamond, as well as upgrades to the playground area, including a new shade structure and seating. This project is made possible through the generous support of federal Community Development Block Grant funding, ensuring that our parks remain vibrant and welcoming spaces for all.

In April, we celebrated enhancements to Fred A. Erb Arboretum, where new trails, native plantings, and inviting seating areas have transformed the landscape. We are grateful to the Erb Family Foundation, Oakland County Parks, AARP, the Royal Oak Civic Foundation, and the Royal Oak Nature Society for their support in making this vision a reality.

And be sure to mark your calendars for two special events at Memorial Park – our beloved Art Fair and the exciting Dream Cruise! These celebrations bring the community together and highlight the energy and creativity that make Royal Oak so special. Find more details on the next page.

We look forward to seeing you out and about, enjoying everything our parks and recreation programs have to offer this summer!

Sincerely,
Nicole McEachern, MPA, CPRP, CPO
Parks & Recreation Director



New benches at Erb Arboretum



New trails at Erb Arboretum

Royal Oak Outdoor Art Fair

**54th Annual – July 12-13
Memorial Park (13 Mile & Woodward)**

**Saturday, July 12, 10:00 am - 6:00 pm
Sunday, July 13, 10:00 am - 5:00 pm**

Join us for the 54th Annual Royal Oak Outdoor Art Fair, July 12-13 at Memorial Park. Explore original fine art and handcrafted works from artists nationwide, including drawing, painting, ceramics, jewelry, and more. Whether for your home or a special gift, you'll find one-of-a-kind creations. Enjoy food concessions and a great community atmosphere!

Co-sponsored by Royal Oak Parks & Recreation and the Royal Oak Arts Council.



Celebrating 30 Years of Car Show in Memorial Park

Join us for the 30th Annual Car Show in the Park during Dream Cruise Weekend at Memorial Park on Friday, August 15 and Saturday, August 16, 2025! This is your chance to showcase your classic car at one of the most anticipated events of the year.

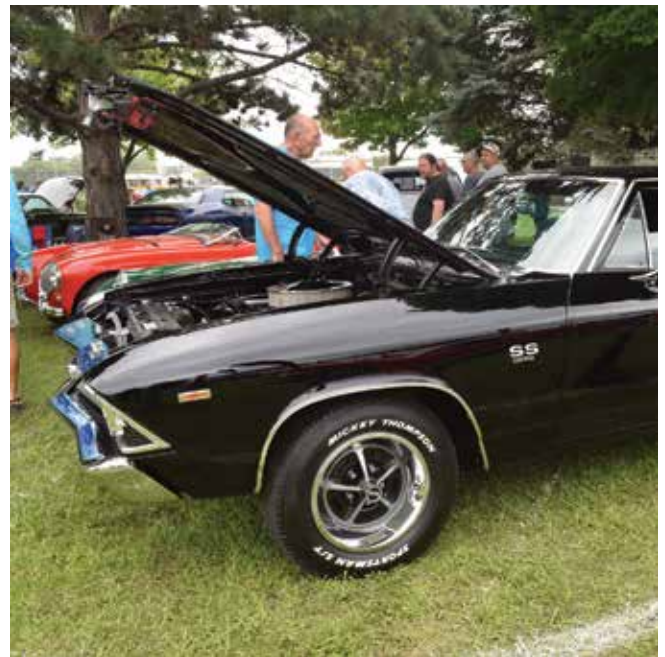
**Friday, August 15, 12:00 - 7:00 pm:
Performance Park Classic Car Show**

**Saturday, August 16, 8:00 am - 8:00 pm:
Performance Park Classic Car Show**

Fee - \$50.00 | Late Fee (AFTER August 1) - \$60.00

To register your classic car and be part of this incredible event, visit royaloakrec.recdesk.com.

Don't miss out on celebrating 30 years of classic cars and memories at Memorial Park!



For more information, visit romi.gov/539/Special-Events

Registration begins May 13

Three Ways to Register:

1. Online at
royaloakrec.recdesk.com

2. In Person at City Hall

Monday - Thursday: 8:00 am - 4:30 pm

Friday: 8:00 am - 12:00 pm

Located at City Hall:

203 S. Troy St, Royal Oak, MI 48067

3. Mail-In Registration

**Mail completed registration form
with check made payable to:**

Royal Oak Recreation

PO Box 64

Royal Oak, MI 48068-0064

See page 20 for Senior Center Registration.

The following policies apply to all Recreation programs unless otherwise noted:

- Accounts with unpaid balances are not allowed to register.
- All refunds will be assessed a \$10 processing fee.
- Refunds will only be granted if requested at least five business days prior to the start of activity.
- Refunds will be returned in the form of the original payment. Credit card refunds are processed in 3-5 business days. Cash or check refunds take three to four weeks.
- No refunds on one-day or drop-in classes.
- Activities may be cancelled due to low enrollment. Full refunds will be issued if activity is cancelled due to low enrollment.
- Insufficient Funds: There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

When Royal Oak Schools are closed due to inclement weather:

- Four Seasons Preschool is closed for the entire day.
- All programs held at school facilities are cancelled.
- Programs held at the Salter Center starting before 12:00 pm are cancelled. Determination on programs held at the Salter Center after 12:00 pm will be updated on website after 10:30 am.
- For programs held at other Parks and Recreation facilities: Contact the facility directly.
- For outdoor programs, we will make decisions on the status of games/programs up to 4:00 pm. After 4:00 pm, report to the site and a decision will be made by officials/program leaders. If the Oakland County tornado siren sounds signifying a tornado warning, all games/programs will automatically cease.

Parks & Recreation Facilities

Administration - City Hall	Monday - Thursday, 8:00 am - 4:30 pm Friday, 8:00 am - 12:00 pm	248-246-3180
Mahany/Meininger Senior Community Center	Monday - Friday, 9:00 am - 4:30 pm	248-246-3900
Salter Community Center	Monday - Friday, 8:30 am - 4:00 pm	248-544-4166
John Lindell Ice Arena	Monday - Thursday, 6:00 am - 11:00 pm Saturday & Sunday, 7:00 am - 8:00 pm	248-246-3950
Royal Oak Golf Course	Monday - Sunday, 9:00 am - 8:00 pm	248-554-0019
Royal Oak Golf Center (Driving Range, Mini Golf)	Open 9:00 am Closing varies by season; please visit website	248-549-4653
Total Soccer	Closed for Season Reopens in Fall	248-288-2110
Royal Oak Farmers Market	Friday - 7 a.m. - 1 p.m. (May - October) Saturday, 7:00 am - 1:00 pm (year-round) Sunday, 8:00 am - 3:00 pm (year-round)	248-246-3276

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: ☐ Check ☐ Cash☐ Visa/Discover # _____ 3-digit Security Code _____☐ Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

(If youth, parent or guardian must sign)

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: ☐ Check ☐ Cash☐ Visa/Discover # _____ 3-digit Security Code _____☐ Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

Leisure Unlimited

Sports Starters (preschoolers, ages 3 - 5)

Your toddlers will love this first introduction to sports. Kids will improve their large muscle movement and hand-eye coordination as they throw, catch, kick, run and play silly games. Our experienced coaches will make sure your little ones have a positive and fun learning experience. Wear gym shoes and bring a water bottle. **Kids must be three by the first day of class. Held at Salter Center in Royal Oak.** Instructor: Leisure Unlimited LLC, Coach David East

July 21 - 25, 12:45 - 1:35 pm at Salter Community Center YA2001
\$68 / 1 week

Tee-Ball Camp (ages 4 - 6)

Make a hit with your youngster this summer. Kids will learn throwing, base-running, catching, batting and fielding. Directions are easy-to-follow. Fun, progressive drills allow kids to advance at their own pace in a safe, nurturing environment. Players will learn the importance of effort, teamwork and sportsmanship. Wear gym shoes and bring a water bottle. Mitts are optional. Snack provided. **Held at Salter Center in Royal Oak.** Instructor: Leisure Unlimited LLC, Coach David East

July 21 - 25, 2:00 - 3:15 pm at Salter Community Center YA2002
\$88 / 1 week

Kiddie Sports (ages 5 - 6)

Learn and play a variety of sports including football, basketball, volleyball, tee-ball, lacrosse and more! Class emphasis is on teamwork and sportsmanship. Bring a water bottle and wear gym shoes. **Held at Salter Center in Royal Oak.** Minimum 10; max. 20. Instructor: Leisure Unlimited LLC, Coach David East

August 4 - 8, 11:30 am - 12:30 pm at Salter Community Center YA2001
\$75 / 1 week

Soccer Starters Camp (ages 3 - 5)

Our enthusiastic coaches will teach your kids soccer basics such as a pull back, kicks, scoring, goalie work, throw-ins, positions and rules. Our emphasis is on teamwork, self-confidence and effort in a safe and nurturing environment. Wear gym shoes and bring a water bottle. **Held at Salter Center in Royal Oak.** Instructor: Leisure Unlimited LLC, Coach David East

August 5 - 9, 12:45 - 1:35 pm at Salter Community Center YA2002
\$68 / 1 week

Basketball Camp (ages 6 - 9)

Jump into basketball! Progressive drills help players improve their individual and team skills. In-class scrimmages allow kids to develop better game comprehension. Emphasis is on sportsmanship and teamwork. Wear gym shoes and bring a water bottle. **Held at Salter Center in Royal Oak.** Instructor: Leisure Unlimited LLC, Coach David East.

August 4 - 8, 2:00 - 3:15 pm at Salter Community Center YA2003
\$88 / 1 week

Four Seasons Preschool

2025-2026 Registration

- There is a non-refundable \$100 deposit fee due at time of registration.
- To be eligible for registration for the 2025-2026 school year students MUST be:
 - 3 years of age by Sept. 1, 2025
 - Toilet trained

2025 - 2026 Class Schedule

Morning Classes, 8:30 - 11:00 am

2 Days: Tuesday & Thursday

Tuition Fee: \$1,304.00 / 33 weeks

PRE2025-R3

FULL

3 Days: Monday, Wednesday and Friday

Tuition Fee: \$2,010.95 / 33 weeks

PRE2025-R1

FULL

Afternoon Class, 12:15 - 2:45 pm

Monday, Tuesday, Wednesday and Thursday

Tuition Fee: \$2,681.25 / 33 weeks

PRE2025-R2

OPEN

**For more information regarding pricing
and scheduling, please visit:**

www.fourseasonspreschoolonline.com

Four Seasons Preschool is licensed by the State of Michigan

Babysitter Safety (ages 9+)

Certified Babysitter/CPR/First Aid and Safe Home Alone

Become a safe, confident babysitter with skills in first aid, CPR, choking, basic care, and more. Learn safety tips for home alone and how to handle personal info and door visits.

Students will receive a Certified Babysitter/CPR/First Aid certificate from Live Safe Academy (valid for two years) upon completion. Please note, students must participate in the entire course from beginning to end and successfully complete all skills to be certified.

Arrive 10 minutes early, bring lunch & snacks, and a cell phone (if available). Drop-off/pick-up in the classroom. Instructor: Live Safe Academy.

Saturday, June 7 OR Oct. 11 at Salter Community Center

9:00 am - 3:00 pm (6 hours) **YA4011**

Fee: Res. \$75 / 1 class

Certified Pet Sitter/CPR/First Aid

(Add-on only; ages 9+)

Kids, learn pet first aid and become a certified Pet Sitter! Stand out by offering both babysitting and pet sitting services.

This add-on class follows the Certified Babysitter course on the same day. Bring extra snacks if staying for this session.

Drop-off and pick-up will be in the classroom. Instructor: Live Safe Academy.

Saturday, June 7 OR Oct. 11 at Salter Community Center

3:00 - 4:00 pm (1 hour) **YA4012**

Fee: Res. \$15 / 1 class

TumbleBunnies

Gymnastics

This fun and energetic class is designed for parents to work with their child and is filled with a variety of activities, including gymnastics-focused warm-ups, movement to music, and engaging exercises on a wide range of equipment such as octagons, wedge mats, trampolines, bars, and more. Comfortable clothing is all that's required.

Tuesdays at Salter Community Center

June 24 - August 12

Fee: \$133 / 8 weeks

Itty Bitty Bunny, 18 months - 2 years: 9:30 - 10:00 am **YA 3001**

Bizzy Bunnies, 3 - 4 year olds: 10:05 - 10:35 am **YA3002**

Happy Hoppers - 5 - 7 year olds: 10:40 - 11:10 am **YA3003**

Karate/Parkour

This class teaches martial arts skills in a fun way while emphasizing life skills like respect, self-discipline, focus, and kindness. Children will improve agility, coordination, and strength as they become Ninja Bunnies. Each week offers a variety of activities and props to keep the classes fresh and exciting.

Fridays at Salter Community Center

June 20 - August 15

Fee: \$133 / 8 weeks

No class July 4

3-5 year olds, 4:00 - 4:30pm **YA3004**

6-8 year olds, 4:35 - 5:05pm **YA3005**

Metro Detroit Youth Clubs offer enriching programs designed to inspire and empower kids and teens, ages 6-18. From academic support and creative arts to sports and leadership opportunities, the Jack & Patti Salter Club in Royal Oak is where young minds thrive.

- Monday through Friday and all summer long!
- Arts, Academics, Athletics - everything from A-Z!
- A Safe and Supportive Environment for Fun and Friendships!
- The Power of Mentorship and Career Exploration!

MDYC's Annual Membership is \$50!

Invest in confidence, growth and potential, **JOIN TODAY!**

Jack & Patti Salter Club
1545 East Lincoln Royal Oak, MI 48067

www.myclubs.org



Visit Us At:
royaloaksandlot.com

Working with Royal Oak Parks and Recreation to help our community fall in love with the game since 1959



FALL YOUTH SOCCER RECREATIONAL LEAGUE

**ALL Players
Welcome
Ages 3 - 18**

**Register Online By
July 31st**

In Partnership
with the
City of
Royal Oak
Parks &
Recreation



**10 Games &
1 Weekly Practice**

Since **1976**, ROFC is
the largest and
most established
youth soccer club
in the area

Non-Profit Club

ROYALOAKFC.COM

Fit Mix

Burn calories in this heart-healthy class that includes the essential components of fitness: cardio, strength, core, and flexibility. Cardio portion includes warm-up, aerobic drills, and fun combos – with options to keep it low, take it higher or somewhere in-between. Hand weights are used during strength segment, followed by core work and a series of controlled, static stretches to enhance range of motion and release stress. Bring a mat, hand weights, dynaband (optional) and water.

Monday, 5:50-6:50 pm Instructor: Karen B

June 30 - Aug. 18 at M/M Senior/Community Center **FF2005**

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

Wednesday, 5:50-6:50 pm Instructor: Karen B

July 2 - Aug. 20 at M/M Senior/Community Center **FF2006**

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

Low-Impact Workout **Great for Beginners!**

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to music without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional.

Thursday, 6:20 - 7:20 pm Instructor: Angie M

July 3 - Aug. 21 at M/M Senior/Community Center **FF2002**

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

Stretch Relief **New Day for Summer!**

Stretching and flexibility are the focus of this class. After warming up with a series of simple functional movements, you will enhance range of motion, increase circulation, and release stress through a variety (standing/seated/on floor) of head-to-toe controlled concentrated stretches. Using proper form and breath awareness, you will feel more limber, clear-headed and relaxed. Bring a mat, and wear loose, comfortable clothing.

Wednesday, 7:10-8:10 pm Instructor: Karen B

July 2 - Aug. 20 at M/M Senior/Community Center **FF2021**

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

Mat Pilates **New Location for Summer!**

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" – the abdominal, gluteal, and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance, and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights.

Monday, 6:20-7:20 pm Instructor: Ginger V

June 3 - Aug. 18 at M/M Senior/Community Center **FF2013**

Classes on June 23 & 30 at Salter Community Center / Dance Room

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Total Body Conditioning

Build muscle strength and endurance and burn more calories for safe, fast results with this full body training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel, and water.

Tuesday, 6:20-7:20 pm Instructor: Angie M

July 1 - Aug. 19 at M/M Senior/Community Center **FF 2010**

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

Thursday, 7:30-8:30 pm Instructor: Kendall R

June 26 - Aug. 21 at M/M Senior/Community Center **FF 2016**

No class July 24

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

PLEASE REGISTER EARLY

to ensure your spot in class. Any classes not meeting minimum enrollment requirements three business days prior to start date may be subject to cancellation.

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program
National Parks Service
PO Box 37127
Washington DC 20013-7127

Special Thanks

A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.

Tai Chi

Tai Chi is an ancient Chinese practice that enhances the body, mind, and spirit, leaving you feeling refreshed. It improves muscle tone, joint flexibility, and circulation. Wear comfortable, loose-fitting clothing. Instructor Han Hoong Wang, a certified senior instructor with over 35 years of teaching experience, has studied with top masters in the U.S. and China. She welcomes students of all ages to join her class.

Location: Salter Community Center | **Fees:** Res: \$63; Non-Res: \$68 / 7 Weeks

Tuesdays, June 24 - August 12

No class July 1

Chen Style Tai Chi (cont.)

6:30-7:30 pm **AF2001**

Hand Form (cont.)

7:30-8:30 pm **AF2002**

Saber, Sword, Chen Style Long Pole

8:30-9:30 pm **AF2003**

Thursdays, June 26 - August 14

No class July 3

Chen Style Tai Chi - Beginner

6:30 - 7:30 pm **AF2006**

Sanshou Whole Form

7:30 - 8:30 pm **AF2004**

Mulan Fan & Single Fan

8:30 - 9:30 pm **AF2005**



Women's 30+ & 50+ Soccer

The Royal Oak Women's Soccer League (ROWS) offers a recreational soccer experience that combines regulation play with a focus on fun and camaraderie for all participants. Whether you're looking to stay active or enjoy the game in a social setting, ROWS provides an inclusive environment for women of all skill levels. League games are scheduled to begin the week of June 16 (subject to change). Please note that games will not be rescheduled due to low player volume.

Team Availability: Spots are limited to 8 teams for the 30+ division and 6 teams for the 50+ division.

- Priority registration for **resident returning teams begins May 13**. Email recreationinfo@romi.gov if you would like to return for this upcoming season. Balances must be paid in full to reserve your spot.
- Priority registration for **nonresident returning teams begins May 20**. Email recreationinfo@romi.gov if you would like to return for this upcoming season. Balances must be paid in full to reserve your spot.
- Open registration for **new teams begins May 21**. Register online at royaloakrec.recdesk.com under the Adult category.

Fees:

\$400 per team AS 1030 | AS 1050

Southeastern Michigan Pickleball Association

In partnership with Royal Oak Parks and Recreation

Enjoy friendly competition, improve your skills, and stay active with this fun, social pickleball league for adults of all levels. Whether you're new to the game or an experienced player looking to sharpen your skills in a structured setting, these 8-week leagues are a great way to stay fit and engaged. Play takes place outdoors at Whittier and Upton Parks in Royal Oak, starting in mid-May. Each session includes organized match play, camaraderie, and opportunities to grow your game. Bring your paddle, athletic shoes, and water. League fee is \$56 for SMPA members (\$66 for non-members). For more information, visit southeasternmichiganpba.org

Pickleball

Pickleball has moved outdoors for the season. You can visit our outdoor courts at Whittier and Upton Parks from 9:00 am - 9:00 pm.

Bounce Volleyball

Tuesdays and Thursdays

11:00 am - 1:00 pm

Salter Community Center

Bounce Volleyball, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.

Let's Walk!

Monday - Friday, 8:30 - 11:00 am

Meet at Salter Community Center

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join **Let's Walk!** and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

Sit Down & Tone Up

Monday, Wednesday, Friday; 9:30 am

Salter Community Center

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Senior Pilates

Tuesdays, 12:00 - 1:15 pm

Salter Community Center

May 6 - June 17 **SA2302**

\$35 / 7 weeks

June 24 - Aug. 12 **SA2302**

\$40 / 8 weeks

Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This is a basic class with emphasis on gradual progression and strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor: Cheryl Baugh, ACSM, Certified Fitness Instructor.

Stretch & Strength (40+) Cardio, weights and stretching

11:00 am - 12 Noon

Salter Community Center

Summer 1

Mondays: June 2 - 30 **SA6001**

\$30 / 5 weeks

Wednesdays: June 4 - July 9 **SA6002**

\$36 / 6 weeks

Fridays: June 6 - July 18 **SA6003**

No class July 4

\$36 / 6 weeks

Summer 2

Mondays: July 7 - Aug. 25 **SA6004**

\$48 / 8 weeks

Wednesdays: July 16 - Aug. 27 **SA6005**

\$42 / 7 weeks

Fridays: July 25 - Aug. 29 **SA6006**

\$36 / 6 weeks

No classes Sept. 1, 3, 5 (instructor vacation)

Drop-in any Monday, Wednesday or Friday for \$6 per class.

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

Yoga

Salter Community Center

Tuesdays, 1:30 - 2:30 pm

May 6 - June 17 **SA2322**

\$35 / 7 weeks

June 24 - Aug. 12 **SA2302**

\$40 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor - Cheryl Baugh. Preregister.

Paint Like Bob Ross

Salter Community Center - Art Room

6:00 - 9:00 pm

Fee: \$80

Learn to Paint like Bob Ross in just one day! Join Certified Bob Ross Instructor Ted Simpson as he guides you through an entire painting in just a few hours. Paint big mountains, fluffy clouds, and of course, lots of Happy Little Trees! Each class is a different painting. All supplies are included to complete your masterpiece. No previous painting experience is required. You can do this!

Deep Woods

Tuesday, July 15 **AE2016**

Winter Cabin

Tuesday, Aug. 12 **AE2017**



Drop-In Pinochle

Wednesdays & Fridays, 12:30 pm

Salter Community Center

Drop in for an enjoyable game of pinochle, meet new friends. \$1

Helping Hands

Fridays, 9:30 am

Salter Community Center

Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.



Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 30 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.**

Open All Year!

Farmers & Specialty Food Vendors are at the market

- Fridays, 7:00 am - 1:00 pm, May - Thanksgiving
- Saturdays, 7:00 am - 1:00 pm, All year

Antique & Collectible Vendors are at the market

- Sundays, 8:00 am - 3:00 pm, All year

Calendar of Events at the Market:

June

- | | | |
|----|-----|---|
| 11 | Wed | Food Truck Rally, Sights & Sounds Concert Series (4:00 - 9:00 pm) |
|----|-----|---|

July

- | | | |
|----|-----|--|
| 9 | Wed | Food Truck Rally and Sights & Sounds Concert Series (4:00 - 9:00 pm) |
| 27 | Wed | Pride Royal Oak (1:00 - 11:00 pm) |

August

- | | | |
|----|-----|---|
| 2 | Sat | Magaritafest (6:00 - 10:00 pm) |
| 9 | Sat | 100 Vendors and Corn Roast – 100th Anniversary Celebration (7:00 am - 1:00 pm) |
| 9 | Sat | Street Clothes Fair (6:00 - 10:00 pm) |
| 13 | Wed | Food Truck Rally and Sights & Sounds Concert Series (4:00 - 9:00 pm) |
| 15 | Fri | Chutney Festival (6:00 - 11:00 pm) |



100 Years of the Market

Royal Oak Farmers Market is celebrating 100 years! To mark this incredible milestone, they are planning a Centennial Celebration. Stay tuned for more details.

Centennial Flower & Garden Day Saturday, May 24, 2025, 7:00 am - 1:00 pm

Join us as we celebrate 100 Years of the Royal Oak Farmers Market with Flower Days! Shop from a vibrant selection of flowers, plants, and garden essentials while enjoying live music, family-friendly activities, petting farm and delicious market treats. A perfect way to welcome the season and honor a century of community and local agriculture!

Royal Oak Golf Club

In Partnership with Royal Oak Parks and Recreation

"A Piece of Golf Heaven Right in Your Backyard"

We're local, fairly priced, we keep the course in great shape, and we offer a test for all skill levels!

Royal Oak Golf Club, founded by Don Soper in 1962, transformed a 63-acre dump site into a premier nine-hole course. Founded by Soper and leased from the City of Royal Oak, it became a model for public-private partnerships in recreation. Don's vision continues to thrive, contributing to the quality of life in Royal Oak.

3417 Don Soper Dr.

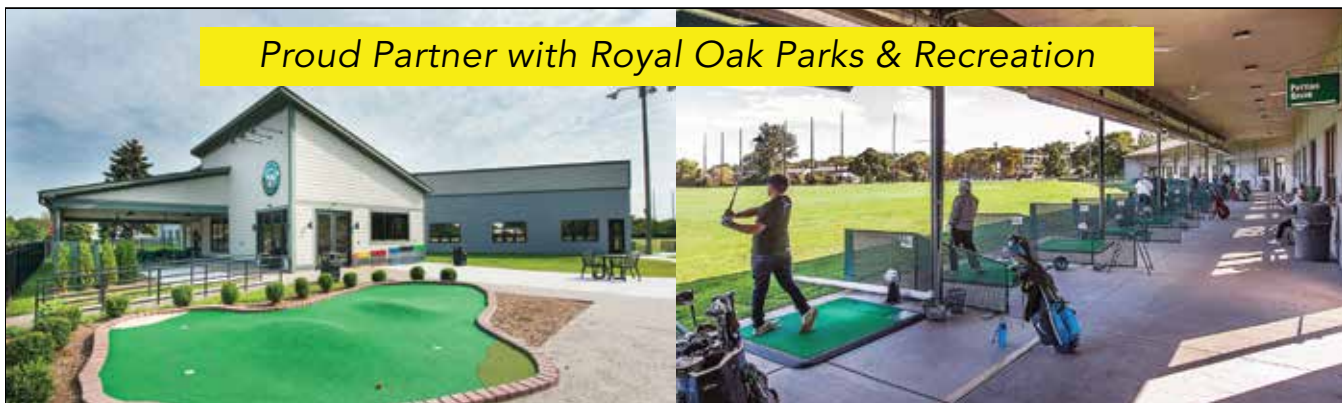
248.554.0019

royaloakgc.com



Royal Oak Golf Center

Proud Partner with Royal Oak Parks & Recreation



Have Fun!

Play Adventure Mini Golf or Sign-Up for a Group Lesson

- ! Celebrating 75th Anniversary: 1950 ~ 2025
- ! Open Year Round!
- ! Adventure Mini Golf
- ! Professional Instruction – Group and Private
- ! Driving Range – 102 hitting bays; 45 heated, covered & lighted
- ! Top 50 GRAA Driving Range in America – 2022, 2023 & 2024

TOP 50 GRAA
STAND ALONE



3500 Edgar Avenue • Royal Oak MI 48073 • 248.549.4653 • www.royaloakgolfcenter.com

**Take a moment to unwind and explore one of our 51 beautiful parks!
Come find your perfect spot to recharge and connect with the outdoors.
Visit romi.gov/541/parks for more information!**

Mini Parks

Barton Park North
Barton Park South
Basset Park
Cody Park
Fernwood Park
Franklin Park
Fries Park
Fulton Park
Hamer Finch Wilkins Park
Huntington Wood Park
Maudlin Park
Rotary Park
Fred A. Erb Arboretum
Wendland Park
Westwood Park
*13 Mile/Main Park

Neighborhood Parks

Clawson Park
Dickinson Park
Dondero Park
Elks Park
Fred Piper/Optimist Park
Grant Park
Gunn Dyer Park
Kenwood Park
Lawson Park
Lions Club Park
Lockman Park
Maddock Park
Marais Park
Marks Park
Mark Twain (Dog) Park
Meininger Park
Miller Park
Milt Hey Hudson Park
Pioneer Park
Realtor Park
Sullivan Park
Upton Park
Patricia Paruch Park
Whittier Park

Community Parks

Centennial Commons
Cummington
Isabel & Myron Zucker Park
Memorial Park
Normandy Oaks Park
Quickstad Park
Red Run Park
Starr Jaycee Park
V.F.W. Park
Wagner Park
Worden Park

Lockman Park Ninja Course



Mark Twain Dog Park FOBS

Dog Park applications are available on our website at www.romi.gov/542/Dog-Park-Membership-Renewal or in person at the city clerk's office. The application and waiver must be filled out and brought into the city clerk's office in order to process. Owner must show proof that all shots for their dog are current (Bordetella, Distemper, Parvovirus and Rabies) and non-residents must also show a copy of their dog's current license. The fees for first time applicants are \$50 for residents and \$75 for non-residents. If you are renewing your dog park FOB and return the old FOB, the yearly fees are \$40 for residents and \$65 for non-residents. If a FOB is lost and needs to be replaced, there is an additional \$10 fee. FOBS expire one year from the original application date. If there will be additional handlers in the household using the FOB, they must sign a waiver as well.

Dog Licenses

Dog Licenses are available in the clerk's office. All dogs must be licensed by their owner (City Ordinance § 195-10). A copy of the dog's rabies certificate is required in order for the license to be issued, as well as proof of spaying or neutering. The licenses are issued according to the expiration of the rabies vaccination. A three-year license is \$20 for dogs that are spayed or neutered. A three-year license for dogs that are not spayed or neutered is \$40. There is a \$20 late fee if the dog license is renewed more than 30 days after the expiration of the current license. Residents who are 60+ receive a \$2 discount on dog licenses. You may now apply for dog licenses online at www.romi.gov/179/Licensing-Dogs

Great Lakes Live Steamers

The Great Lakes Live Steamers provides free miniature train rides in the Starr Jaycee Park on the first full weekend of every month from May to October, starting at 12:00 noon until 4:00 pm. All ages are welcome. Children must be accompanied by an adult to ride. Though rides are free, donations are appreciated to maintain the track and trains.



Royal Oak Nature Society Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to maintain & improve Royal Oak's two nature preserves, Cummingston Park & Tenhave Woods. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. The Nature Society is also developing the Fred A. Erb Arboretum behind the Senior Center. If you are interested in joining the conservation effort or just need more information, please phone us at 248-246-3380 and leave a message, e-mail us at naturesociety@romi.gov, mail us at: Royal Oak Nature Society, 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at www.romi.gov/nature. You can also find us on Facebook. Check www.romi.gov/411/Nature-Walks for park trail maps, park locations, plus where to meet for nature walks and park programs.

Speaker Programs

At our free speaker programs, we present speaker programs that are usually Power Point presentations focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better because you can talk with the speakers afterwards and ask questions. There is no cost and registration is not required. Programs are held on Thursdays at the Royal Oak Historical Museum (1411 W. Webster) and begin at 7:00 pm. There are no programs scheduled for the summer.

Royal Oak Nature Society Friends of Fungi

Friends of Fungi is a group that promotes the understanding of, and an appreciation for, fungi in general and those fungi found in Tenhave, Cummingston, and other local urban woods. Mary Fredricks heads this group. The group normally meets on the 2nd Wednesday of the month in November, January, February, and March at the Royal Oak Senior Center located at 3500 Marais. Currently, there are no meetings planned.

Nature Walk Schedule

There is normally at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. The walks take place at Cummingston Park, Tenhave Woods and the Fred A. Erb Arboretum. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology, and human history of the area. There is no cost for these walks and registration is not required.

DATE	TIME & PLACE	TOPIC
June 18 (Wed)	7:00 pm at Erb Arboretum	Arboretum
June 28 (Sat)	10:00 am at Cummingston	Mushrooms
July 16 (Wed)	7:00 pm at Erb Arboretum	Arboretum
July 26 (Sat)	10:00 am at Tenhave	Mushrooms
Aug 13 (Wed)	7:00 pm at Erb Arboretum	Arboretum
Aug 23 (Sat)	10:00 am at Cummingston	Mushrooms

As programs/walks are scheduled, they will be announced on our website and Facebook page.

Park Shelter Reservations

**Shelter Dates of Operation:
April 1 through October 31**

**Rental Time slots are
10:00 am - 2:00 pm OR 3:00 - 7:00 pm**

	Weekdays		Weekends/Holidays	
	Res.	Non-Res.	Res.	Non-Res.
Large Shelter-Normandy	\$125	\$175	\$150	\$200
Large Shelter-Memorial	\$75	\$100	\$100	\$125
Large Shelter-Starr/VFW	\$50	\$65	\$80	\$95
Small Shelter-Lawson	\$50	\$65	\$80	\$95
Small Shelter-Starr	\$30	\$45	\$40	\$50

Reserve at royaloakrec.recdesk.com/Community/Facility



Lawson Park small pavilion



Memorial Park large pavilion

Field and Gym Reservations

Full payment is required for single-day reservations at the time of registration.

- A 20% non-refundable deposit is required for multi-day reservations.
- The balance must be paid 14 days before the reservation date; otherwise, the reservation will be forfeited, and the customer will be banned from making reservations for one year.
- New reservations will not be accepted by customers with an outstanding balance.

Please visit: romi.gov/485/Facility-Pavilion-Rentals for more information or to make reservations.

Salter Center Gym

Multi-purpose gym that can be rented for \$60 per hour.

Please note:

- Food and drinks are not allowed in the gym.
- The gym cannot be rented for birthday parties.

Fields

Fees vary based on specific locations. Permits must be on-site to be considered valid.

Please note:

- No outdoor athletic field reservations will be made during the month of March.
- Parks & Recreation city partners are given priority field use during their designated permit time.



Rentals at M/M Community Center

3500 Marais Ave., Royal Oak, MI 48073

Rentals are available Monday through Saturday only. Building closed on Sundays. A \$200 security deposit and full payment is due upon booking.

The security deposit is refundable if the following conditions are met:

- Premises are left in the same condition as the start of the event. No tape on walls.
- Trash has been taken to the dumpster but bags are supplied by our Center.
- Tiled floors have been swept.
- Tables and chairs returned as they were upon arrival.
- Coffee service is available for a fee.*
- Must bring own laptop. We loan out HDMI cable. TV monitor in some rooms.
- No alcohol or bounce houses are allowed on the premises.

CANCELLATION POLICY: A full refund will be given with 48 hours advanced notice, otherwise it will be forfeited.

If you would like to book a rental or require further information, visit romi.gov/368/rental or call **248-246-3911**.

Room/ Facility	Rental Rate per hour		Maximum Occupancy	Details
	(w/food)	(w/o food)		
Lounge 608 sq ft	N/A	\$25	12	Square tables, chairs, carpeted floor, windows overlooking Arboretum, double doors to Arboretum
Game Room 1088 sq ft	N/A	\$25	20	Square tables, chairs, carpeted floor; use of pool tables is NOT INCLUDED
Room 1 400 sq ft	\$35	\$30	20	Tables, chairs, carpeted floor, dry erase board
Room 2 416 sq ft	\$45	\$40	20	Rectangular tables, chairs, sink, coat rack, pull-down screen carpeted floor
Room 3 638 sq ft	\$50	\$40	40	Rectangular tables, chairs, tiled floor, sink, dry erase board, 50" wall-mounted monitor
Rooms 4 & 5 4416 sq ft	\$65	\$55	100-150	13 Oval tables (seat 8 each), 84" round table, chairs, tiled floor, 86-inch monitor, 12 ft ceiling, windows overlooking Arboretum, sound system & microphone in ceiling
Room 7 280 sq ft	\$30	\$20	12	Tables, chairs, carpeted floor
Rooms 8 & 9 1040 sq ft	\$55	\$45	45	Rectangular tables, chairs, tiled floor, 75-inch monitor, two sinks
Patio 2275 sq ft	\$35	\$25	N/A	Cement pavers, surrounded by Arboretum
Parking Lot 105 regular spaces 10 accessible spaces	\$75	\$75	N/A	Call for details. Must provide own Liability Insurance

* **Coffee Service** is available at time of booking. Preparation includes regular or decaf brewed coffee, hot water, teabags, paper cups, powdered creamer, sweeteners, stir sticks and napkins. Fees are as follows:

30-person, \$20; 55-person, \$30; 100-person, \$35; 150-person, \$40; 200-person, \$50



@RO_Ice_Arena



facebook.com/Lindell.Ice.Arena

1403 Lexington BLVD.

Royal Oak MI 48073

248.246.3950

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ROYAL OAK

**LEARN TO SKATE***Where it all begins.*

Classes offered all year round. Ages 3 & Up. Introduction to figure skating and hockey.

OPEN SKATE

Skate at your own leisure. Bring friends and family to share the fun. General, adult and preschool sessions offered.

Check johnlindellicearena.com for days and times.



The **New Edge Figure Skating Club** offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

www.newedgefsc.org

**ADULT WOMEN'S LEAGUE**

for Beginners to Intermediate Ability
 Starts Late September & runs on
 Tuesday nights.

Individual Registration – Jersey included

ADULT HOCKEY LEAGUE**Summer League:**

JUNE - MID AUGUST

Fall/Winter League:

SEPTEMBER - MARCH

Spring League:

APRIL - JUNE

**DROP IN HOCKEY**

18 and up-full equipment
 come in a play a competitive game of
 hockey with fellow adult skaters.

STICKS & PUCKS

Open to all ages. full equipment required



- Lil Eagles Learn to Play – ages 4-10
- 8 & under youth hockey program
- House hockey for all youth age divisions
- Travel A & AA Hockey Squirt –Midget

www.royaloakhockeyclub.com

SUBURBAN HOCKEY SCHOOLS

Instructional experience that improves skills, knowledge of the game, and overall self-confidence as it relates to the game through a positive learning experience.

TO VIEW CAMPS OFFERED: www.suburbanhockey.com

For more information on any of these programs, please visit

JOHNLINDELLICEARENA.COM



Leo Mahany / Harold Meininger Senior Community Center

3500 Marais, Royal Oak, MI 48073 • (248) 246-3900

Business Hours: 9:00 am - 4:00 pm, Monday through Friday
www.romi.gov

We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

Code of Conduct

Live the Golden Rule

Embody Honesty

Act with Patience

Take Responsibility

Listen Attentively

Communicate Effectively

Lead by Example

Be Proactive

Live Royal Oak

Discover the Royal Oak Senior Community Center! We are committed to working with and for older adults to develop activities and services that support their efforts to remain healthy, active, and independent. Check out the next few pages to see what we have to offer. Join the mailing list or stop in and pick up the free monthly *Times Newsletter* to stay informed of all the daytime programs held in our building.

Senior Program Registration

- To register for programs on the Mahany/Meininger Center pages, you may call **248-246-3900** and pay with a credit card OR you may register in-person and pay with cash, check or credit card. **NO ONLINE REGISTRATION IS AVAILABLE.**
- Registration for all Extended Trips should be done in person at the Mahany/Meininger Senior Community Center, 3500 Marais.
- Senior Center classes are open to adults of all ages who are available for daytime activities. No membership fee or residency requirement.

Refund Policy

- For classes, no refund will be granted after the start of the second week of class. If it is a cooking class, you may cancel seven days before the date of class for a refund.
- Trip cancellations and refunds will vary and depend on the independent travel agency. For more information, call Kathy Kast at 248-246-3916.
- A \$5.00 processing fee will be deducted from all refunds.**

Special Events and Workshops

June

2	Welcome Newcomers	10:30 am
3	Turning 65 L/L	11:30 am
5	1st Thursday M/M Book Club	11:00 am
6	Men's Health Awareness Giveaway	11:00 am - 2:00 pm
6	1st Friday BINGO	12:30 pm
9	Make Your Home Safe and Beautiful L/L	11:30 am
11	Senior Vibes Discussion Group	10:30 am
13	Skin Safety in the Sun FREE Talk	10:00 am
16	Sushi Class \$42.00	5:30 pm
18	Legal Consultations	By appt.
19	Juneteenth CLOSED	
20	Kerry Price Sing-Along \$2.00	12:30 pm
25	Keep Learning with ROPL	11:00 am
26	Resource Talk at Tim's Kitchen Lunch	11:30 am
27	4th Friday M/M Book Club	10:00 am

July

1	Veteran Burial Benefits L/L	11:30 am
3	1st Thursday M/M Book Club	11:00 am
4	Independence Day CLOSED <i>No Bingo in July</i>	
7	Welcome Newcomers	10:30 am
9	Senior Vibes Discussion Group	10:30 am
14	Stress and Self-Care L/L	11:30 am
14	Sushi Class \$42.00	5:30 pm
16	Recess 2.0 \$3.00	11:00 am
16	Legal Consultations	By appt.
18	Kerry Price Sing-Along \$2.00	12:30 pm
18	DJ Phil Dance \$10.00 preregistration	7:00 pm
23	Travel Talk at Tim's Kitchen Lunch	11:30 am
23	Keep Learning with ROPL	11:00 am
25	4th Friday M/M Book Club	10:00 am

August

1	1st Friday BINGO	12:30 pm
4	Welcome Newcomers	10:30 am
7	1st Thursday M/M Book Club	11:00 am
11	Senior Advisory Panel L/L	11:30 am
13	Senior Vibes Discussion Group	10:30 am
15	Kerry Price Sing-Along \$2.00	12:30 pm
20	Legal Consultations	By appt.
22	4th Friday M/M Book Club	10:00 am
27	Keep Learning with ROPL	11:00 am
TBA	Tim's Kitchen Lunch Talk	11:30 am

Have you signed up for a Kiosk Key Tag?

My Senior Center software allows us to keep accurate numbers of those who take part in our numerous programs. By swiping in with your kiosk tag, we can continue to provide you with the low-cost, unique programming we love to offer. If you are a current participant, it is recommended that you update your profile with your most current contact information. Please ask a staff member for assistance when you visit the Mahany/Meininger Senior Community Center.

Mission Statement:

The City of Royal Oak offers older adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 50 and over or permanently disabled adults.

The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person's relatives, or that person's associates or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.

Royal Oak Seniors Resource Center

Stop by the Mahany/ Meininger Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center, please call Carolyn Marsh at (248) 246-3917 for an application form. The fee to display in house physical brochures is \$150.00 per 12 months. **The Royal Oak Senior Community Center and/or the City of Royal Oak does not provide medical advice, diagnosis, treatment, legal, financial, or professional service advice or endorse any professional services or institutions.**



Drop-in Fitness Center

Monday - Thursday, 9:00 am - 8:00 pm

Friday, 9:00 am - 4:30 pm

Fees:

Daily, \$3.00; Monthly, \$25.00;

Biannually, \$125.00; Annually, \$225.00

NEW!

Try out our new Fitness Center at the M/M Community Center! The 1,034 sq. foot workout room is fully outfitted with treadmills, incumbent bikes, pulley weight machines and free weights. For ages 50 and over and you do not have to be a Royal Oak resident to use the facility.

Day Trips



Detroit Institute of Arts **\$5** **Thursdays, 12:15 - 3:30 pm** **July 17 - Guided Tour**

The DIA remains open to visitors, serving as a place for inspiration, calm and respite. Our visit is a millage benefit for tri-county (Wayne, Oakland, and Macomb) residents and includes museum admission, bus transportation, a guided tour or musical performance, and a coupon for a free coffee at the Café DIA. 25 person minimum. Registration deadline: two weeks prior to the event date.

Day in the D **\$136** **Friday, June 13** **8:15 am - 5:15 pm** **Bianco Tours**

Start this adventure with a 2 hour on-and-off the bus guided tour on the beautiful Belle Isle, where you can sneak a peek at what's blooming at the new Oudolf Garden Detroit. The tour will include some other new sites, quirky outdoor art installations and a few familiar favorites. Enjoy some classic Italian cuisine at an Italian riverfront in the beautiful Glenview Terrace Center Wintergarden. Then have some free time on Detroit's River Walk at Rivard Plaza before embarking on a 1-hour narrated tour on the Diamond Jack river vessel. Cost includes transportation via motor coach, tours, river cruise, and lunch. Registration deadline: May 30, 2025



Michigan Central Station **\$111** **Wednesday, June 25**

10:15 am - 3:15 pm **Bianco Tours**
Michigan Central Station, also known as Michigan Central Depot, is the historic former main intercity passenger rail station in Detroit. Take in a 90-minute guided tour and learn about the history of this iconic building while viewing the magnificent restoration by the Ford Motor Company. Lunch before the tour will be at the award-winning Slows Bar-B-Q. Cost includes transportation via deluxe motorcoach, lunch and guided tour. *Please note there is some walking on this tour.* Registration deadline: June 4, 2025



Summer Vibes Live/OCP **\$5*** **Wednesday, July 30** **3:15pm - 9:15pm**

Come and enjoy Independence Oaks County Park! Enjoy fishing, archery, a nature education program, lawn games and a pontoon boat ride during this adult-only program. Live Music will be featured, and food will be available for purchase from a food truck. Transportation provided by Oakland County Parks. Bus pick-up will be at the Troy Community Center – North Entrance. 3179 Livernois Rd. Troy, MI 48083. *\$5 administration fee. Limited seating, registration deadline: July 15, 2025.



Fiesta Detroit **\$123** **Tuesday, August 26**

8:30 am - 3:15 pm **Bianco Tours**
This tour starts out at Eastern Market, where a step-on-guide will take you on a tour of Detroit highlighting the diversity of our great city. Areas included on this trip are Delray, Corktown, Mexican Town and sections of the city where various ethnic groups reside. Lunch will be at Mexican Village, Detroit's oldest Mexican restaurant. End this day with a stop at MexicanTown Bakery and shop the many different Mexican breads and baked goods. Cost includes transportation via deluxe motorcoach, guided tour and lunch. Registration deadline: August 12, 2025

Pioneer Wine Trail **\$122** **Wednesday, September 17** **8:30 am - 6:45 pm** **Bianco Tours**

Get ready for three wine tastings today: St. Julian Winery in Dundee, Cherry Creek Cellars in Brooklyn, and Flying Otter Vineyard in Adrian. Lunch will be at Danley's Country House in Tecumseh where you will enjoy a family style lunch of "broasted chicken". You will also stop in at Russell Stover Chocolates, an American Classic since 1923, where you can get started on your holiday shopping. Cost includes transportation via motor coach, tastings and lunch. Registration deadline: September 3, 2025

If you need special accommodations for travel, it is your responsibility to let us know upon registration.

Please call or visit Mahany/Meininger Center to register for all trips and see the complete list of trips offered. Overnight trips do offer rates for single rooms and triple rooms.

All prices and travel agent terms and conditions are notated on the trip flyers.

Extended Trips

South Bend Summer August 7-8, 2025 \$602pp/DBL Bianco Tours

Take advantage of this fun summer overnight trip to explore some unique offerings in South Bend, Indiana. Day one begins with a visit to the Critchlow Alligator Sanctuary, where all reptiles and amphibians find a safe place to live out their lives. Then head to your overnight destination, the beautiful Oakwood Resort on the edge of Lake Wawasee, Indiana's largest natural lake. Take an afternoon boat tour of the lake before an included dinner at the resort. Day two starts with a tour of the University of Notre Dame, and after lunch a guided tour of the Basilica of the Sacred Heart. The day ends with dinner at Caruso's, a favorite family-owned Italian restaurant. Cost includes: transportation via deluxe motor coach, overnight lodging, 1 breakfast, 2 dinners, and all attractions described on the flyer. \$20 deposit due upon registration. Balance due and registration deadline: June 23, 2025.



Yooperland, USA September 29 - October 3, 2025 \$1,513 pp/DBL Bianco Tours

Head North through the beautiful Michigan autumn landscape! Get acquainted with our beautiful Upper Peninsula including the Keweenaw Peninsula and Copper Country. Visit Whitefish Point, Tahquamenon Falls, Lake of the Clouds, The Great Lakes Shipwreck Museum, The Iron Mountain Iron Mine, and Kitch-iti-kipi, Michigan's largest natural freshwater spring. Take a cruise on the Pictured Rocks National Lakeshore Boat Cruise, enjoy lunch at the Pine Mountain Ski & Golf Resort and much more. Cost includes: transportation via deluxe motorcoach, 5 nights accommodations, 7 meals, a \$20 food voucher good at the Island Resort and Casino, and admission to all attractions. \$50 deposit upon registration. Balance due and registration deadline: August 15, 2025.

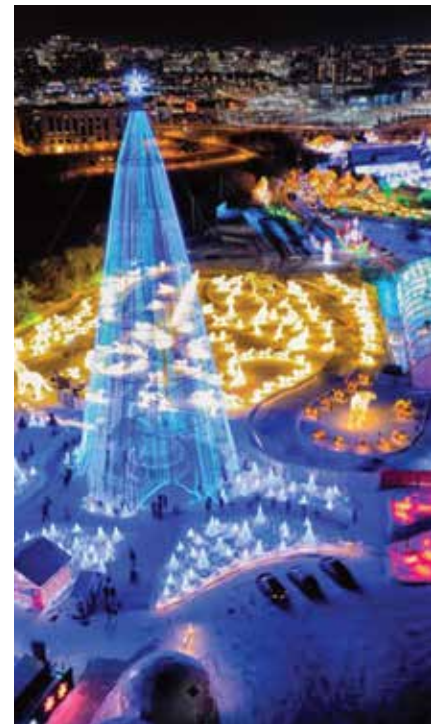


Haunted Happenings October 31-November 1, 2025 \$450pp/DBL Bianco Tours

A two-day journey to Northwest Ohio for the Haunted Happening Tour. Day one includes a two-hour train ride, on the Cuyahoga Railroad where you will ride through the beautiful fall foliage, while enjoying a boxed lunch. Then, refresh at the hotel before an interactive Murder Mystery Dinner Show! Celebrate Halloween with a fun "who-dun-it". Day two take a tour of the Ohio State Reformatory, where you will visit the cells of some of history's toughest criminals. Tour the intact set of one of the world's favorite movies, *The Shawshank Redemption*. Whether you are reliving scenes from classic films, or basking in the beautiful Romanesque architecture, take a walk through history with this guided tour. *To fully enjoy this tour you will need to climb numerous stairs.* Cost Includes: transportation via deluxe motorcoach, one-night accommodation at Springfield Suites or Courtyard by Marriott Canfield, OH; one breakfast, one lunch and one dinner. \$20 deposit due upon registration. Balance due and registration deadline: September 15, 2025.

ILLUMI Toronto November 19-21, 2025 \$999pp/DBL Shoreline Tours

Take advantage of this never before offered short holiday getaway to see Niagara's Festival of Lights, one of Canada's premier Christmas lights festivals. Travel to Niagara Falls and enjoy a highlights sightseeing tour before checking in to the 4-star Hilton Fallsview resort. Dinner will be at the Greg Frewin Theatrical Center where you will see the world-class Discover the Power of Illusion & Evolution of Magic Show. After dinner tour through the dazzling Festival of Lights. Day 2 includes The Famous People Players Theatre, lunch and Dinner, and then ILLUMI, the largest holiday light, sound and multimedia show in the world. Day 3, after breakfast enroute home experience a guided tour of Dundurn Castle, a 40-room Italianate-style villa built in the 1830s. Cost includes: round trip transportation via modern motorcoach, 2-nights accommodations, 2 breakfasts, 2 lunches and 2 dinners, all attractions outlined on the flyer. \$200 due upon registration. Balance due and registration deadline: September 10, 2025



Welcome Newcomers

1st Monday, 10:30 am

June 2, July 7, Aug. 4

FREE

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff. **Call ahead to register.** Need a ride from your R.O. home? Call 248-246-3914.

Billiards

50¢ / day drop-in

\$3.00 / month unlimited

Two pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday, 9:00 am - 4:30 pm.

Join the Pool Party!

Mondays, Wednesdays & Fridays

1:00 - 4:00 pm

A great group of regulars want to welcome new members. Stop by and play!

Drop-In Cards

Rubber Bridge

Mondays, 12:15 - 3:30 pm

\$1.00

Drop-in with a partner to play Rubber Bridge. Come early if you have no partner and we will try to pair you up.

Pinochle

Tuesdays, 12:30 - 3:30 pm

\$1.00

Drop-in for Pinochle and meet new friends.

Duplicate Bridge

Wednesdays, 12:15 - 3:30 pm

\$2.00

Drop-in with a partner to play Duplicate Bridge. For more information, visit roduplicatebridge.org.

Euchre

Thursdays, 12:30 - 3:30 pm *No Euchre June 19*

\$1.00

Euchre is played with 4 players split into teams of 2. A deck consists of the Aces, Kings, Queens, Jacks, 10's and 9's of each suit. Rounds last 5 turns, or "tricks". Players place 1 card down, the card with highest value of the suit led wins the trick. Most points win the round. Must be able to play all 7 rounds. Must be knowledgeable in the game and able to keep pace with players.

The Royal Oak Senior Community Center no longer accepts donations of yarn or fiber crafts tools. Helping Hands, Sit n' Knit, and Crochet Creations will accept your donation directly. Bring your donations ONLY during the groups' meeting times listed below. The group will inspect and select the donations they need. Currently only accepting red, white and blue yarn.

Crochet Creations and Sit 'n Knit Combined

Tuesdays, 1:00 - 3:00 pm

50¢ per person/per session for room use

Attention all Yarn Craft Enthusiasts: These two groups are combining on a new day and time!

Come and join in on "yarn arts", knit or crochet while visiting. Share works in progress, pattern discussions, and/or get help reading a pattern or learning a new stitch. Beginners are welcome. Get helpful advice from others. Drop-in fee is payable at the front desk.

Helping Hands

Tuesdays & Thursdays, 9:30 am

No meeting June 19

Do you like to knit or crochet? This group creates beautiful hats, scarves, lap blankets, and afghan blankets and donates them to Corewell Health, local churches, and other charitable organizations in the area. Feel free to drop-in. Beginners up to expert crafters are welcome!

Quilters

Tuesdays at 10:00 am - 2:00 pm

\$5.00 per month dues for room use

OR \$2.00 drop-in fee

Come join us for a day of hand quilting, machine piecing quilt tops and socialization. Dues are payable on the 1st Tuesday of each month. Fees are payable at the front desk.

DJ Phil Dance

Friday, July 18

7:00 - 9:00 pm

\$10 per person

RSVP by July 14

DJ Phil will be spinning your favorite tunes from the 50s, 60s and 70s! Light desserts, fruit, and beverages will be served. Call 248-246-3900 to reserve your spot by July 14.

Kerry Price Sing-Alongs

3rd Fridays, 12:30 pm

June 20, July 18, Aug. 15

\$2.00 per performance CASH ONLY

Don't miss these musical programs written and performed by **Kerry Price**, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! Admission payable at the door.

Band Jam and Vocals

Every Friday 1:00 - 3:00 pm

No meeting July 4

\$1 per person to play or to listen

Come sing and/or play at the Royal Oak Jam Session. All talent and skill levels of voice and instruments are welcome. Bring your instrument or vocal chords! A vast range of songs (new ones submitted by attendees). Everyone participates and everyone chooses songs. Text messages to volunteer group leader Jim for inquiries at 248-302-6036.



Summer Patio Concert

Monday, June, 23, 7:00 pm

NEW!

The Royal Oak Concert Band is an adult community concert band, serving the community since 1963. Mr. Kevin Czarnik directs the ROCB. The ensemble has a membership of 80 members and performs a minimum of 6 concerts annually. The ROCB enjoys performing for the Royal Oak community each season, with our indoor concert series, and at outdoor concerts in parks and at special events. The ROCB is delighted to perform at the Royal Oak Senior Center for the citizens of Royal Oak. Our performance will include rousing marches, musical hits from stage and screen, and a patriotic salute to veterans. Our toe-tapping performance will get you in the spirit for the 4th of July!

Mah-Jongg Drop-In

Tuesdays, 1:00 - 3:30 pm
50¢ per session

This group is open to everyone who is interested in making friends, having fun, and playing American Mah-Jongg. Players of all levels are welcome, from beginners to experts, but a basic understanding of the game is required. Advanced players should be willing to assist novices as necessary. Join us for a fun time!

Wednesdays and Fridays,
9:30 am - 12 noon

Experienced players may drop in and play on Wednesday and Friday mornings. Players must follow National Mah-Jongg League rules only.

Friday Recreational BINGO!

1st Fridays at 12:30 pm
June 6, July (No Bingo), Aug. 1
Preregister by phone or in person

Royal Oak Senior Community Center hosts Friday Recreational BINGO. First Card FREE, all additional cards are 25¢ each (MAX 5 extra cards). Format is 5 regular games with prizes and one overall round with a Grand Prize of \$5.00. Fall Bingo prizes are sponsored by Debbie Spencer REALTOR® AT Properties Realty. Join us for lots of fun!

Bingo is conducted solely for the amusement and recreation of the ROSC guests. Any and all revenue from Bingo is used towards future Bingo Coverall cash prizes.

Rummikub with a "Twist"

Every Tuesday, 11:00 am - 1:00 pm
50¢ each session

This group is open to everyone who would like to play Rummikub. We play with a twist. Our rules differ from the official rules. Much like Rummy style, only played with tiles vs cards. Players take turns placing numbered tiles in runs and groups. The "twist" allows players to tile horizontally and vertically, like a crossword puzzle. Game tiles are supplied by attendees at each meeting.

Please drop in to play and try it without any commitments or judgment. Our rules are a bit different but not challenging. We are willing to teach and show you how to play.



American Sign Language (ASL) with Lamarr Paige

Lamarr is taking the summer off but returning in September after Labor Day.

Lamarr's extremely popular class will offer a 2.0 to build on her 1.0 beginner class. She will still teach on Wednesdays, 5:30 - 6:30 pm. Her new class dates will be in the *Times* monthly newsletter.

Japanese Sushi Education & Tasting with Takayuki Sakaguchi

Mondays, 5:30 - 7:30 pm
May 19, June 16, July 14
\$42 per person, per class

Don't miss out on the fun! Learn the proper techniques of sushi making with the former manager of Noble Fish. Taste your works of art as you go and leave with the knowledge to make sushi at home! Open to all ages. Please call by Friday before the date of class to register.

Massage Therapy

By appointment only
30-minute massage \$35
60-minute massage \$60

Licensed massage therapist Heidi, who is celebrating 12 years of serving our center and clientele, offers Swedish massage, stretching and relaxation techniques which help alleviate muscle tension, stress and nerve pain. Massage also improves circulation, promotes well-being and increases overall energy. Please call the center for an appointment: 248-246-3900. Books up fast!



Royal Oak
PUBLIC LIBRARY

Keep Learning with ROPL: Technology Help, and More!

4th Wednesday of each month
June 25, July 23, Aug. 27
11:00 am - 12:00 pm

FREE

A Royal Oak Public Library staff member will visit the M/M Center to answer your technology questions and ensure that you maximize your library membership. Whether you need a library card, have a smartphone question, need help with your email or want to learn about online resources, they can help! The focus will be on technology. Be sure to check back for future topics in the *Times* newsletter. It's FREE to attend. Please bring your own device if you have one. Call 248-246-3900 to RSVP in advance.

M/M Book Clubs

In partnership with ROPL

Two options are available to fit your schedule. Free for everyone!

1st Thursdays, 11:00 am - 12:30 pm

Contact volunteer Reyes, 248-545-6064

This club chooses books by consensus among the members and the Royal Oak Library provides the books to ROSC in time for discussions.

4th Fridays, 10:00 - 11:30 am

Contact volunteer Doris, 248-586-0045

This group also chooses books among members and then votes on the order in which they read and discuss each. They are volunteer leaders, so don't hesitate to contact each other and ask questions.



Painting – All Media

Thursdays, 9:15 - 11:45 am

May 22 - July 10

\$56 / 7 weeks

No class July 3

July 24 - Sept. 11

\$65 / 8 weeks

Explore the exciting art world of watercolor or acrylic painting with instructor John Rash! Beginners through advanced artists will work in beginning to finishing techniques. A supply list is given at sign-up for those without any of their own supplies. Preregister.

Watercolor Painting

Friday mornings, 9:15 - 11:45 am

May 23 - July 11

\$56 / 7 weeks

No class July 4

July 25 - Sept. 12

\$65 / 8 weeks

Wednesday evenings, 6:15 - 8:45 pm

May 21 - July 9

\$65 / 8 weeks

July 23 - Sept. 10

\$65 / 8 weeks

Explore the exciting art world of watercolor painting with instructor John Rash! Beginners through advanced artists will work in wet-on-wet through to finishing with techniques that include dry brush. A supply list is given at sign-up for those without any of their own supplies. Preregister.

Join the Creative Coloring Club!

Every Monday, 10:15 - 11:45 am

\$2.00 material drop-in fee or

\$5.00 per month

Discover the joy of coloring at the ROSC! Choose from beautiful designs on cardstock or from our selection of coloring books. All materials provided. Engage your mind and improve your fine motor skills while connecting with fellow coloring enthusiasts in a friendly atmosphere. Make coloring your new hobby. Call 248-246-3900 for more information.

Crafting with Susan Robb

Susan is taking a break this summer but will return in October. Stay updated with our *Times* monthly newsletter, Royal Oak Parks & Recreation FB page, or by inquiring at the M/M Center.

Mini Makers aka Wee Bees

1st Mondays, 10:00 am - 2:00 pm

June 2, July 7, Aug. 4

Sept. 8 (one week later for Labor Day)

Room 3 FREE

Do you like making miniatures or want to learn more about it? This group meets monthly to make projects that are "dollhouse scale" or smaller. Feel free to drop-in to check us out! There may be materials costs or tools needed for some projects. No fee to attend. (If the building is closed for a holiday, we'll meet the next Monday.)

For more information, contact

CarrieStroup86@gmail.com



South Oakland Art Association

Since 1960

**1st Tuesday of each month at the
M/M Community Center (Rooms 8 & 9)**

June 3, July 1, Aug. 5

6:30 - 9:00 pm

\$5.00 guest fee; Annual dues \$30.00

Artists and art lovers are welcome! Monthly meetings September through June feature speakers, demonstrations, paint-togethers and art-related activities for adults of all ages

Join us at our upcoming events:

RO Outdoor Art Fair in Memorial Park

July 12 and 13; FREE to attend

Annual Member Art Show & Sale

Nov. 1-15, 2025 at the RO Historical Museum,
1411 W. Webster.

Visit southoaklandart.com or email

roac.carol@gmail.com for more information.



Garden Club

Since 1932, the Royal Oak Garden Club has welcomed all garden enthusiasts and those curious about gardening. During the summer, members focus on being out in their gardens, so the club does not hold regular meetings or educational events. However, it does hold frequent members-only social mingles in member gardens. If you would like to explore joining the club, please email royaloakgardenclub@gmail.org to request additional information. **Regular general meetings will resume in September 2025.**

FREE!

Koffee Klatch

Fridays, 1:00 - 2:30 pm *No meeting July 4*

M/M Senior Community Center

3500 Marais in Royal Oak

A discussion and networking group for LG-BTQ+ community ages 45 and over. Meetings are open to any topic presented by those in attendance. Various social outings and potlucks are held throughout the year.

Mahany/Meining Center Presents

New For 2025: SENIOR VIBES!

EXCITING NEW DISCUSSION GROUP

Meeting on 2nd Wednesday of every month, 10:30 - 11:30 am

Join our Senior Vibes discussion group for a positive and relaxed atmosphere to spill the T! Here, you can freely discuss thoughts and feelings about situations impacting your surroundings. We aim to create a fun and happy environment by sharing joyful life experiences as we learn from each other. As a member, you'll find a sense of belonging, camaraderie, and mood boost through connecting with other older adults. The group is led by our Vibling Volunteer, Ilene Orlanski, a professional with training in group dynamics and facilitation, as well as prior volunteer experience in support group moderation. The group features built-in topics of discussion, exchange of ideas, occasional guest speakers, hot coffee, hot tea and hot topics!

A donation of 50¢ per person is requested to support the Center.

New Corewell Health's Chronic Disease and Prevention Programs

HBP Control- A Hypertension Self-Management Program

Wednesdays, July 9 - Aug. 27, 3:00 - 4:30 pm

This eight-week workshop provides participants with information, tips, and tools to help you take control of your blood pressure.

Participants will learn about the basics of hypertension, stress management, the importance of nutrition, and incorporating physical activity.

All participants receive a free blood pressure cuff and pedometer.

Call 248-246-3900 to RSVP.

Wear Blue in June to Celebrate Men's Health Awareness Month

Friday, June 6, 11:00 am - 2:00 pm or while supplies last

Chester Street Residence of Royal Oak will be at the ROSC, hosting a giveaway table to honor Men's Health Awareness.

We deeply care about men's health and want to take this opportunity to celebrate the incredible men in our community.

Join us for free gifts from Chester Street Residence that are good for the male body as well as his soul.

Stop on in and help us Celebrate the men in our lives!

Continuing Education : Skin Safety In the Sun

Friday, June 13, 10:00 am

Presented by Dana Rizzo RN, BSN, RN- ACM

Free talk with refreshments on ways to keep your skin healthy from Waltonwoods Speaker Series.

Call 248-246-3900 to RSVP by June 6.

FREE!

Recess 2.0

Wednesday, July 16, 11:00 am

Presented by Gerard Baltrusaitis, Super Senior Speaker

\$3.00 registration fee

Find your flow, freedom and fun in retirement!

Learn how to find and pursue your passions by using age-old secrets to bring joy back to life.

Call 248-246-3900 to RSVP by July 1.

Coming soon ...

Tim's Kitchen Lunch Talks

Beginning in June, each month our Tim's Kitchen customers will have the opportunity to learn more about resources the Royal Oak Senior Community Center has to offer. Sign up and pay for your Tim's Kitchen meal and be treated to more information on travel, classes, supportive home resources, transportation, fitness center, and more.

Friday, June 26

Meet Carolyn our volunteer Coordinator / A.G.E. Outreach Administrator with details on supportive services for older adults.

Wednesday, July 23

Meet Kathy our Travel Specialist and hear about the latest in Senior Center Trips, Travel, and classes.

Call 248-246-3900 for more information.

NEW!

Save the Date: AARP Safe Driver Workshop

September 25 & 26

AARP member \$30; nonmembers \$35

AARP Safe Driver will return for a two-day in-person classroom teaching session. Please check the monthly *Times* newsletter for exact times and RSVP dates.

Computer Club

2nd & 4th Wednesdays, 12:30 pm

Calling all beginner to experienced computer and tech enthusiasts. All levels are welcome to join our growing club; no membership required, drop in anytime! Guest speakers discuss various tech topics covering computers, cell phones, tablets, smart TVs, etc. There is always time for questions and answers so bring your tech questions. For more information, go to sterlingheightscomputerclub.org for topics and speakers. Donations accepted.

Ask the Computer Lady!

Tuesdays

11:00 am - 12:00 pm; 12:15 - 1:15 pm;

1:30 - 2:30 pm

\$35 / 60 minutes

Have your questions ready for Marta and be ready for an informative one-on-one session. Bring your laptop or Kindle, your Mac, Tablet, Android or iPhone, and learn how to check your email or make sure your security is up to date. Call ahead to register and pay: 248-246-3900.

Lunch and Learn Series

Receive a free lunch for all whom pre-register and attend a presentation. **Presentation is from 11:30 am to 1:00 pm.** Out of respect for the presenter, please remain for full presentation and silence all phones during workshop. Please, no carry-outs. If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any Lunch and Learn sessions for the remainder of that year.



Turning 65 Workshop Tuesday, June 3

Presented by: Medicare Advisor Mark Steffens

Free Turning 65 workshop designed to take the confusion out of enrolling in Medicare. We will help you make an informed choice during this very important enrollment period. Here are some of the topics we will cover:

- What is Medicare and do I have to enroll? Enrollment, premiums, and penalties for Medicare?
- When do I sign up for Medicare? How to compare Medicare Advantage to Medicare supplements? Who is eligible for Medicare? Answer any questions you may have!

This is a very confusing topic, and we want to make sure you understand all aspects of Medicare so you can make the best decision for your healthcare coverage. No cost to attend and lunch will be served.

RSVP by May 25; call 248-246-3900.

This is an educational event; no products will be sold at this event. Mark Steffens is a licensed and certified agent who works with Medicare enrollees to explain Medicare Advantage, Medicare Supplement, and Prescription options.

New Lunch and Learn topics are frequently added. Please see monthly *Times* for new topics or call the Royal Oak Senior Community Center to see what is new.

Home Safe and Beautiful, Inside and Out Monday, June 9

Presented by: Mike Smela – Home and Business Beautification

Is your house healthy and safe?

The focus of this workshop is to create a discussion on how to prep your home for a beautiful spring and summer. Focusing on everything from safe foundations and walkways, to quick repairs.

Bring your home improvement questions and learn which projects are good for DIY and which should be better off left to the professionals.

RSVP by June 2; call 248-246-3900.

Veterans Burial Benefits Tuesday, July 1

Presenter: A.J. Desmond and Sons Funeral Directors

Lunch will be provided along with an informative overview designed to assist Veterans and their families in securing the burial benefits they've earned while creating an intentional plan to help their loved ones begin healing during a time of loss. Topics will include Veteran Burial Benefits Cremation & Burials Traditional Funerals Payment Plans Prearrangements.

RSVP by June 23; call 248-246-3900.

Stress and Self-Care Monday, July 14

Presenter: Hospice of Michigan

This is a discussion of the effect of stress hormones on the body and mind. Join us for lunch and learn more about the simple steps we can take to reduce stress.

RSVP by July 7; call 248-246-3900.

Senior Life Advisor Council – Your Trusted Advisor Panel Monday, August 11

Presented by: Senior Life Advisor Council

A distinguished team of trusted advisors dedicated to addressing questions and offering essential resources and solutions to the senior community. Professional Advisors: Independent Living| Assisted Living| Memory Care| Financials | Medicare | Funeral Planning | Moving Care Transitions | Organizing| Rehabilitation| PT| Home Health Care | Hospice | Private Duty| Law| Power of Attorney| Estate Planning| Respite| Occupational Therapy.

Space is limited. RSVP by August 4; call 248-246-3900.

Chair Exercise with Cindy**Wednesdays, 9:30 - 10:15 am****June 11 - 25****\$21 / 3 weeks****July 9 - Aug. 13****\$42 / 6 weeks****Fridays, 9:30 - 10:15 am****June 13 - 27****\$21 / 3 weeks****July 11 - Aug. 15****\$42 / 6 weeks**

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasize posture, coordination, and fall prevention. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights, if you wish. Instructor – Cindy Erlandson.

Chair Yoga with Cindy**Wednesdays, 10:30 - 11:15 am****June 11 - 25****\$21 / 3 weeks****July 9 - Aug. 13****\$42 / 6 weeks****Fridays, 10:30 - 11:15 am****June 13 - 27****\$21 / 3 weeks****July 11 - Aug. 15****\$42 / 6 weeks**

This class consists of three 15-minute sections: first and last are performed seated, the middle section is performed standing using a chair for balance. Focus: breathing, relaxation, stretching for flexibility and balance practice, which also increases muscular strength. Instructor – Cindy Erlandson.

Drop-in Line Dancing**Fridays, 1:00 - 3:00 pm****\$3.00**

This class consists of beginner and high beginner dances for those who **have some line dance experience**. Dances are done not just to country music but to many genres including pop, rock, oldies, Latin and Irish music. So come and join our line dance family for some fun and great exercise. Your body and mind will thank you for it! **NO BOOTS. MUST HAVE SOME EXPERIENCE.** Instructor- Jeannette Forster

Social Square Dance**Mondays, 1:00 - 3:00 pm****Wednesdays, 7:00 - 8:45 pm****Drop-in, \$7.00 per class, CASH ONLY**

This dance group will teach you how to move in a square of eight people. An excellent way to get cardio while still having low impact on joints. The directions are simple and Walt creates a fun atmosphere while calling out the moves. No partner necessary. Wear comfortable shoes that won't mark up our floors. Ask about monthly Friday evening dances with creative themes!

GOLD Toning® Zumba with Debbie**Fridays, 12:00 - 1:00 pm****Drop-in, \$6 CASH ONLY**

Join Debbie as your instructor for a group class with lots of positive body movements. Wear comfortable clothing, athletic shoes and bring a bottle of water. On pleasant weather days the class is held outdoors. She will entertain you with her personality, get your blood pumping and teach you with the beat stomping music of Zumba routines. Beginners to advanced Zumba dancers are welcome, modifications can be made to keep students comfortable but remain involved. All abilities will gain health benefits. Weights are available for purchase from the instructor, but not required.

**Gentle Yoga****Mondays, 10:00 - 11:00 am****June 2 - 30****\$35 / 5 weeks****Mondays, 1:00 - 2:00 pm****June 2 - 30****\$35 / 5 weeks****Thursdays, 1:00 - 2:00 pm****June 5 - July 3 No class June 19****\$28 / 4 weeks***Please note summer time change***Thursdays, 10:30 - 11:30 am****July 10 - 31****\$28 / 4 weeks****August 7 - 28****\$28 / 4 weeks**

All spring/summer Gentle Yoga classes will be outside, weather permitting.

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility, and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. Please bring a mat and wear comfortable clothing. Instructor Noreen Daly.

Tai Chi Chen Style with Han**Thursdays, 9:15 - 10:00 am****June 2 - Aug. 7***No class June 19***\$56 / 8 weeks**

Tai Chi Basic exercises are for beginner and continuing students. The class will include Tai Chi warm-up, gentle stretching, Tai Chi walking and silk reeling, and section one of Chen Style Tai Chi old form.



Fitness with Josh

All classes are drop-ins for \$10.00 each (cash only) and held at M/M Community Center (3500 Marais Ave.)

Josh has a B.S. in Kinesiology from Kansas State University. He can be found offering classes five days a week at the M/M Community Center. The beauty of these drop-in classes is no commitment if your schedule gets hectic and no worries about missing the first class then joining late into the session. However, the regular attendees are addicted and attend multiple classes a week!

All ages are welcome and equipment is supplied. In pleasant weather, classes may be held outside so dress accordingly. **Questions?** Email Josh at GPCfitnessstudio@gmail.com.

Friday 60-Minute Morning Warm Up

Round out the work week with 1 hour of purposeful movements. Some mat work, resistance bands and weights with personalized modifications if needed.

Full Body Circuit

A staple class to incorporate most of your major muscle groups in various, challenging ways. A great way to gain exposure to a wide variety of fitness styles. Josh surprises class members with new and interesting things.

Senior Circuit

A group class of loyal followers with a laid-back mentality. Everyone has limitations such as injuries from wear, tear, or mobility issues, but that doesn't mean we can't improve! Use Bosu balls, resistance bands, body weight static moves, and much more.

Stability & Balance

The focus of this class is conditioning your body to stabilize and move more effectively. Joints in the ankles, hips, and back are points of instability that can be strengthened through challenging movements and static holds.

Mat Work

Excellent opportunity to become grounded using bodyweight strength, balance, flexibility, and mobility. Thick mats are provided.

Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
	9:00 -10:00 am Full Body Circuit	9:00 -10:00 am Mat Work	9:00 -10:00 am Full Body Circuit	9:00 -10:00 am Hour Warm-up
10:00-11:00 am Senior Circuit	10:00 -11:00 am Senior Circuit	10:00 -11:00 am Senior Circuit	10:00 -11:00 am Senior Circuit	10:00 -11:00 am Senior Circuit
	11:15 am -12:15 pm Stability & Balance		11:15 am-12:15 pm Stability & Balance	

Earn \$ Helping Seniors with Home Chores

The **Royal Oak Senior Essential Services (R.O.S.E.S.)** program, located at the City of Royal Oak Senior Community Center, is seeking new contracted, paid employees to assist our Royal Oak Seniors with home cleaning services to help keep them in their home and aging in place.

Please call **John Dionne** at **248-249-3919** or email him at John.Dionne@romi.gov to ask questions or get started!



Meditation with Brian Black

Brian is taking July and August off and will return after Labor Day. Stay updated with our *Times* monthly newsletter and flyers at the M/M Center or on the Royal Oak Parks & Recreation FB page.



Tim's Kitchen

The current month's meal calendar will be available in the *Times* News-letter and online at romi.gov. Menu is subject to change without notice due to availability. All meals are \$5.00 each and payment is due upon placing order either by phone with a credit card OR in person with cash, credit card or check. Ordering DEADLINE is by 11:30am THREE BUSINESS DAYS PRIOR to the date you want to purchase. Closure may affect cut off dates. There is no same-day purchase, punch cards, or walk-ins. DINE IN ORDERS CANNOT BE CHANGED TO CARRY-OUT. Carry-out lunches will be refrigerated in compliance with food safety protocols and will be available for same day pickup only until 4:00 pm. There are NO REFUNDS if you are not able to come in to eat or pick up your lunch.

Meals on Wheels

Meals on Wheels are available to home bound residents unable to travel to the Center. Call Western Oakland Meals on Wheels at 248-223-9160 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

Medical Equipment Loan Closet

This is a donation-based service. Items donated to are lent out at no charge and "as is". Keep as long as necessary. We inspect all items received to the best of our ability and lend them out in good faith. The City of Royal Oak and Senior Community Center will not be held liable for any malfunction of equipment.

The following items are accepted for donations to lend out: shower chairs, bed rails, rollators, knee scooters, raised toilet seats, bedside commodes, standard canes, reach assistance devices, standard and large wheelchairs.

We **DO NOT ACCEPT** the following: crutches, slings, air casts, wedge pillows, nebulizers, adult incontinence products, medical tubing.

Please call ahead prior to donating and/or borrowing to see if we have storage space and to check for availability.

Transportation

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults with permanent disabilities. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. You are limited to six grocery bags and must handle them yourself. **Call 248-246-3914 between the hours of 9:30 am - 4:00 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. Be ready for your pickup 15 minutes before and after your scheduled time. Drivers cannot always accommodate exact scheduled times. All buses are equipped with lifts.

Prepaid tickets are available:

\$24 / 5 round-trip tickets

\$14 / 5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Corewell Health, SMART Municipal and Community Credit Funds, and rider donations.



Teen Clean Closet at ROSC

As the non-profit has gained notoriety, we offer seniors incontinence products and hygiene products at no cost and without judgment. Their mission is to help young people and families in our area by providing them with products needed for everyday hygiene. If interested in dropping off new items, the front desk will accept them and give them to the organization. Items listed below are accepted:

- Shampoo/conditioner (for all hair types)
- Body wash
- Deodorant
- Toothbrushes, toothpaste, floss
- Skin care products
- Sunscreen
- Body moisturizer
- Period products
- Hair styling products
- Gels, hairbrushes, combs and accessories
- Lip care items
- Laundry supplies
- Nail care items



**For more information,
go to TeenCleanCloset.com**

R.O.S.E.S. - Royal Oak Senior Essential Services

Are you in need of light home chores, minor repair work or temporary personal aid? If so, R.O.S.E.S. is here to assist! R.O.S.E.S. is a program providing a variety of supportive services to Royal Oak residents aged 62 and older who qualify for the subsidy. You must live in your own home – alone, with a spouse, or with a disabled adult child. Seniors living with able-bodied adult children do not qualify for the subsidy assistance. However, R.O.S.E.S. will provide those who don't qualify for subsidy with service referrals, if requested.

To determine if you qualify, please submit a copy of either your most recent Home Heating Credit, Michigan Homestead Property Tax Credit, or your Individual Income Tax Return form. If you live in one of the senior high rises, you will need to submit the HUD Tenant Eligibility & Rent Procedures Form.

- Home Chores
- Home Repairs
- Personal Care

This service is sponsored by the City of Royal Oak. For more information or to make an appointment, please call the R.O.S.E.S. Program at 248-246-3919, Monday through Thursday.

Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The M/M Community Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

Alzheimer's Association Caregiver Support Group

1st Mondays, 3:00 pm FREE

June 6, July 7, Aug. 4

Facilitator - Theresa Neu

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe space for caregivers, family, and friends of persons with dementia to build support system with people who understand. It allows participants to exchange practical information on caregiving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, as well as learn about community resources. The support group meets each month to encourage caregivers to maintain their own personal, physical, and emotional health, as well as optimally care for the person with dementia.

Aphasia Support Group

Thursdays, 10:00 am - 12 noon

No meeting June 19

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

Low Vision and Blind Support Group

2nd Thursday, 10:00 am FREE

June TBD, July 10, Aug. 14

Hosted by Henry Ford Health and the Detroit Institute of Ophthalmology

Royal Oak Senior Community Center offers a Low Vision and Blind Support Group, hosted by Henry Ford Health and the Detroit Institute of Ophthalmology. Through support groups, the Detroit Institute of Ophthalmology seeks to help those who suffer from vision loss by providing a comfortable environment to discuss the successes and challenges of living fully with visual impairment. Attendees will engage in open discussion and will hear from speakers on a variety of topics. Pre-registration is required. Contact Ashley Livshiz, Support Group Coordinator, at 313-936-1969.

Grief Support – Living On

Hosted by Hospice of Michigan

1st and 3rd Fridays, 10:30 - 11:30 am

FREE

June 6 & 20, July 25 only, Aug. 1 & 5

Living On is a series of ongoing groups where grief and loss topics are addressed as they arise, depending on the interests of those attending the group. The focus of this group is to express feelings and experiences related to the loss in a supportive, caring and non-judgmental environment.

Registration required. Contact Cindy Palmer, Grief Counselor, at 248-334-1323 or email cpalmer@hom.org.

Legal Consultations

3rd Wednesday No Fee

June 18, July 16, Aug. 13

By appointment only

Soren Andersen has completed 40 years of law practice. Most of those years have been as a sole practitioner private attorney. His practice includes consumer and small business issues, debtors' rights and creditors remedies, real estate transactions, probate administration, and estate planning. Provided free 20-minute consultations to older persons. Consultations will be in person. A fee will be charged for additional services. Please call ahead to request an appointment.

SHIP Counselor by appointment

SHIP is your local State Health Insurance Assistance Program. SHIP provides unbiased help to Medicare beneficiaries, their families, and caregivers. Call for an appointment when choosing health plans. SHIP Counselor can assist in questions regarding Medicare, Medicare part D prescriptions plans, and Medicaid. Call Carolyn Marsh at 248-246-3900 for in-person assistance.

Outreach

Our Outreach Administrator is available to help residents aged 62 and over through the sometimes overwhelming process of obtaining needed services. Please call (248) 246-3900 with your concerns about personal care, housing or other independent living requests. An in-home visit to assess needs is available through this service at no cost.

Mayor

Michael Fournier

Monica Hunt, Mayor Pro Tem
Rebecca Chezzum

City Commission

Sharlan Douglas
Amanda Herzog

Brandon Kolo
Melanie Macey



2025 Memorial Day Parade & Ceremony

The Royal Oak Memorial Day Parade has honored our veterans – past and present – for decades with a respectful tribute on Memorial Day. **The 2025 parade kicks off at 9:00 am on Monday, May 26**, at Main Street and Lincoln, followed by the Memorial Day Ceremony at Centennial Commons.

If you'd like to participate, **visit romi.gov/vets** for more details.

2025 Juneteenth Celebration

Join the community at Centennial Commons on **Thursday, June 19, 3:00 - 7:00 pm** for Royal Oak's Juneteenth Celebration, honoring freedom, history, and culture. Enjoy live entertainment, speakers, food, and family-friendly activities at this meaningful event.





Refuse and Recycling

Department of Public Services (DPS)

1600 N Campbell, Royal Oak 248-246-3300 DPS@romi.gov

Calls regarding garbage and recycling pickups

Household Hazardous Waste Disposal & Electronic Recycling

Drop off at 995 Coolidge: **BY APPOINTMENT ONLY**

Visit socrra.org

Hazardous Waste – To dispose of: automotive products, ink jet cartridges, lawn/garden products, cleaning products, fluorescent light bulbs, rechargeable batteries, insulin syringes (in rigid container), oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned. NOT ACCEPTED: unlabeled containers with unknown contents, radioactive, explosives or hazardous waste from businesses.

Electronic Recycling – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc. Residents must remove sensitive or personal information from ALL devices.

Paper Shredding - SOCRRRA's Paper Shredder is available by appointment only for RESIDENTS (not businesses) Shredder is our most popular service - please limit shredding to two boxes!

Curbside Pick-Up

Holiday Collection – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected by any other holidays or when the above holidays fall on a weekend.

Refuse – Put household materials in the blue 64-gallon city issued trash cart. You may continue to use 20-to-32-gallon containers (max. size) or in 13-to-30-gallon plastic bags. Put all trash at curb by 7:00 am. Non-city issued cans and bags cannot weigh over 40 lbs. Containers under 20 gallons will be considered expendable and may be thrown out with the trash. Yard waste cannot be mixed with trash at any time due to state law.

Recyclables – All plastic if it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; newspaper; magazines, catalogs, paper, mail, paperback books, food/beverage/drink/juice boxes, paper cups; phone books; (flattened) corrugated cardboard; paperboard. Place everything loose in recycling bin/toter and set at curb on refuse day before 7:00 am. Material cannot stick out of the toter/bin. **No styrofoam or batteries at curb. These items must be dropped off at SOCRRRA by appointment.**

Yard Waste (when in season) – Picked up curbside from early April through mid-December: Yard waste is converted into compost at SOCRRRA's compost facility in Rochester Hills. Yard waste may be placed in a 32-gallon container, clearly marked with a "Yard Waste" sticker fac-

SOCRRRA

995 Coolidge Hwy, Troy 248-288-5150 socrra.org

Drop-off accepts: All acceptable curbside recyclables; unflattened, un-bundled cardboard; automotive and household batteries; paperback and hardcover books; all paper (except carbon); used clothing; screw-off lids/caps; styrofoam (no peanuts).

ing the street (stickers are available at some city offices) or a 30-gallon paper yard waste bag. Containers or bags cannot weigh more than 50 pounds each. Plastic bags are not acceptable. **Yard waste cannot be mixed with trash at any time.**

Brush (less than 2 inches in diameter and under 4 feet in length) can also be bundled with twine for yard waste collection.

During the off season, either hold on to your yard waste bags until the program begins again or residents can take up to 10 paper bags to the SOCRRRA Transfer Station at 995 Coolidge Road in Troy at no charge. (No contractors or landscapers, please.)

Tree Trimmings & Shrubs – Tie woody material between 2"-5" in diameter in bundles up to 4' long (with a max of 15" in diameter combined) weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact a private tree company (the city's recommended chipping contractor is JH Hart, 586-795-5581).

Curbside Leaf Collection begins early November. Rake leaves into the street according to city schedule. For pick-up schedule, check Insight, WROK Cable (Channel 17 or 10) or the city's website at www.romi.gov.

Broken Glass – Wrap in heavy paper or place in cardboard box or metal can with lid and mark as broken glass. Put with regular refuse NOT in recycling bin/toter.

Appliances (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In an apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side (state law).

Carpeting & Padding – Roll and securely tie no longer than 4' in length and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

Latex Paint – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRRA for disposal. Refer to Hazardous Waste for hours.

Excluded Curbside Items – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, engines, transmissions, rear axles, construction items, loose items such as bricks or concrete (even if it's attached to something). These materials must be disposed of privately. See www.socrra.org or call 248-288- 5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.



SOCRRA Member Community Talking Points

Yard Waste Curbside Collection & Compost

Compost Site General Information

- SOCRRA's Yard waste compost site is located at 1741 School Road, Rochester Hills, Michigan. (South of Avon Road, between John R. and Dequindre)
- SOCRRA manages curbside collection of all residential yard waste materials.
- Spurt Industries manages and operates SOCRRA's compost site.
- **Hours of Operation:**
Summer: Monday - Friday, 7:00 am - 5:00 pm
Winter: Monday - Friday, 8:00 am - 5:00 pm

Instructions for Residents Obtaining or Purchasing Compost

- Residents can obtain compost at SOCRRA's compost site or order home delivery.
- Residents will need to show proof of residency.
- No appointment is required.

Compost Service Options

- **On-site self-serve:** Residents can self-serve (shovel) compost at SOCRRA's compost site. Free of charge, unlimited. Remember to bring your own shovel and container.
- **On-site load:** Residents can purchase compost or Spurt Dirt blend on-site and Spurt will load it into your truck or trailer for you. 25% discount off retail price, unlimited.
- **Off-site delivery:** Residents can order compost or Spurt Dirt blend to be delivered to their homes directly from Spurt. 25% discount off retail price plus delivery fee, unlimited.

Contact Information for Residents

SOCRRA residents interested in scheduling a residential delivery can contact Spurt directly by telephone or email.

- Call: (248) 375-8900 and select option 1 for Sales, and 1 for Residential Sales
- Email: info@spurtindustries.com

SOCRRA residents interested in contacting the Spurt-SOCRRA compost yard can contact Spurt directly.

- Call: (248) 375-8900 and select option 3 for the SOCRRA yard
- Email: info@spurtindustries.com

Please note: See Instructions for Communities Purchasing Compost if a resident inquires about a compost delivery in their community.

Reporting Streetlight Outages

Streetlights connected to a wooden pole should be reported online to DTE at <https://outage.dteenergy.com/outdoor-lights>. Please be aware that DTE policy allows a two-week response time once the problem has been reported to DTE. In cases where a pole has been knocked down or if there is any other emergency, please call DTE Energy at 800-477-4747.

Streetlights on a metal pole should be reported to the City of Royal Oak Department of Public Service by emailing DPS@romi.gov or by calling

at 248-246-3300 Monday - Friday, 7:30 am - 4:00 pm. Please have the following information ready when calling:

1. The specific streetlight location (i.e. the nearest cross streets, nearby address, etc.).
2. The streetlight pole number (if possible).
3. Details about the outage (i.e. light out, light turns on and off, light stays on during the day, etc.)



What's Lost in a Leak?





Water is Precious – Use It But Don't Waste It



One of the more common causes of water waste is the leaky faucet. Though it can be seen, the amount of water that can be wasted by such a leak is seldom appreciated. Toilet leaks are common too, and they are a little more difficult to detect. The escape of water from tank to bowl is often so slow that the movement of the water is not discernable. A quick check can be made by dumping some laundry bluing in the tank after it has filled and become quiet, and watching for its appearance in the bowl. Even if no leak is detected, the test should be repeated, as such leaks are often intermittent.

Outside the house, too, leaks often remain undetected because the water they waste soaks into the ground. Outside fixtures or underground pipes are often guilty of such undetectable leaks, as are garden hoses and similar equipment when left attached.

If you have reason to suspect a leak, your meter furnishes you with an excellent checking device. To make a leak test, turn off all faucets and other water outlets, and keep watch on the hand of the one-cubic-foot or a flashlight on the meter face for ten or fifteen minutes. If the hand continues to move or there is water use recorded on the meter face, you will know there is a leak. You can measure the size of the leak by timing the hand or taking a timed beginning and ending reading from the meter to see how long it takes to waste a given quantity. If a hidden leak is indicated, call your plumber immediately. You will save money by having the wasted water stopped at once. If the leak is wasting a considerable quantity, you may want to consider shutting off the water at the meter while you are waiting for repairs.

Waste per quarter at 60 psi water pressure			
Diameter of stream	Gallons	Cubic Feet	Cubic Meters
 1/4"	1,181,500	158,000	4,475
 3/16"	666,000	89,031	2,521
 1/8"	296,000	39,400	1,115
 1/16"	74,000	9,850	280

↑ A continuous leak from a hole this size would, over a three month period, waste water in the amounts shown above.

Help Protect Our Environment: Keep Drains Clear of Fat, Oil & Grease (FOG) and Flushable Wipes (FW)

Fat, oil and grease (FOG) and Flushable Wipes (FW) in sewer pipes can create severe pollution and sewer problems in our City. FOG & FW enters sewer pipes through restaurant, residential and commercial drains. Once in the sewer, FOG sticks to the pipes and thickens which can build up and eventually block the entire pipe. FW can easily get stuck on FOG and other items within the sewer pipe compounding the problem. Blockages can send sewage backward – out of manholes into streets, rivers or into homes.

Impact of FOG & FW

Preventing sewer backups from FOG & FW blockages saves residents money and protects the environment. When sewer pipes on private property back up, the homeowner is responsible for the cleanup. If you regularly pour grease or FW down the drain, it will form a blockage in the sewer pipe which then backs up through floor drains, toilets and/or at the lowest point in the house. A plumber will have to be hired to clean the sewer and possibly repair plumbing inside the home.

Sources of FOG

Fat, oil and grease are by-products of cooking found in: food scraps, meat fats, lard, cooking oil, butter, margarine or shortening, etc.

"Flushable" Products

Wet wipes, which are used for everything from wiping babies' bottoms to removing makeup to quick house cleaning are labeled "flushable." The problem is they're really not ~ at least not the way toilet paper is. They may be flushable, but they are not biodegradable (like toilet paper) and are clogging sewer systems across the state and country. The phenomenon, which local officials call ragging, is causing major clogging problems. All it takes is one wipe to catch on a tree root or any other debris in the sewer system and then wipes or other items pile on each other causing a blockage. If residents think "out of sight, out of mind, it's not my problem" they are mistaken. If a main sewer line gets dammed by a pile of wipes, then eventually it will back up into private sewer lines which will cause a back-up in people's homes.

Unfortunately, the most frequently found items in sewer systems are paper towels/napkins, baby wipes, feminine hygiene products and household wipes which don't deteriorate like toilet paper does. The only items that should be flushed is toilet paper and human waste; please throw everything else in the garbage.

Keep Drains Clear by Following These Tips

1. Pour or scrape greasy or oily food waste into a container or jar.
2. Allow grease to cool/freeze in a container before throwing in the trash.
3. Mix liquid vegetable oil with an absorbent material such as cat litter or coffee grounds in a sealable container before throwing in the trash.
4. Keep drains clean by pouring ½ cup baking soda down the drain followed by ½ cup vinegar. Wait 10 – 15 minutes and then rinse with hot water.
5. Do not put any flushable products down the drain, please throw in the trash.



Drinking Water: We Need Your Help

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., who does not appear to be a City employee, please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

What to Do About Sewer Problems

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner's sewer line, it is the homeowner's responsibility to call either a plumber or a sewer cleaning company. For full details on water and sewer emergency procedures, consult the City's website at www.romi.gov.

Residential Cross Connection Control Program

The City of Royal Oak is required under Public Act 399, Part 14, to maintain a cross connection control program to identify and eliminate any possible connections that could contaminate the public water system.

To fully comply with this state mandate, the city has contracted with HydroCorp of Troy, MI to assist with facilitating a Cross Connection Control Program.

Inspectors from HydroCorp will be in Royal Oak neighborhoods reviewing exteriors of homes for connections that could possibly contaminate the water distribution system. A typical site visit lasts approximately five minutes and the inspector will be looking at exterior garden hose connections, lawn sprinkler systems, and any other water sources.

There are no fees for the inspection; however, in circumstances where cross connections exist, any costs associated with the replacement, modification, installation and/or testing of backflow prevention assemblies remain the obligation of the homeowner.

The city's website has answers to frequently asked questions regarding the Cross Connection Control Program at www.romi.gov/cccp. Informational brochures may also be picked up at the Royal Oak Public Library and at City Hall.

Additionally, residents may call HydroCorp directly at 1-800-690-6651 or email residential@hydrocorpinc.com. You can visit HydroCorp's website at www.hydrocorpinc.com/resources/fdq.

At Your Service

Emergency Calls Only Police, Fire & Ambulance	911
General Information	248-246-3000
Animal Complaint	248-246-3500
Animal Shelter 1515 N. Edgeworth.	248-548-3058
Assessor	248-246-3110
Building Inspection	248-246-3210
Building Inspection Requests	248-246-3234
Building Inspection Fax	248-246-3006
Cable TV (WROK) 203 S. Troy St.....	248-246-3040
Questions regarding Comcast	800-934-6489
Questions regarding WOW	866-496-9669
City Attorney	248-246-3240
City Clerk	248-246-3050
City Manager	248-246-3200
Code Enforcement	248-246-3210
Code Enforcement 24-hour Hotline	248-246-3238
44th District Court	248-246-3600
Probation, 400 E. 11 Mile	248-246-3670
Engineering	248-246-3260
Farmers Market 316 E. 11 Mile.....	248-246-3276
Finance	248-246-3030
Fire Department 215 E. Sixth St.	
Emergency	911
Non-Emergency.....	248-246-3800
Fire Prevention Bureau	248-246-3810
Housing Assistance - Rehabilitation Loans	248-246-3130
Human Resources	248-246-3070
Ice Arena 1403 Lexington Blvd.....	248-246-3950
Information Systems	248-246-3080
Landlord Licensing Program	248-246-3210
Library 222 E. 11 Mile Rd.	248-246-3700
Mahany-Meininger Sr./Community Center 3500 Marais.....	248-246-3900
Mayor	248-246-3200
Orson Starr House 3123 N. Main St.....	248-588-0170
Parks & Forestry	248-246-3300
Parks & Recreation 203 S. Troy St.	248-246-3180
Planning & Zoning	248-246-3280
Police Department 450 E. 11 Mile Rd.	
Emergency	911
Non-Emergency.....	248-246-3500
Community Policing.....	248-246-3524
Detective Division	248-246-3515
Record Division	248-246-3530
Snow Emergency Announcement.....	248-246-3442
Public Service Department 1600 N. Campbell	
Highway Maintenance	248-246-3300
Parks & Forestry.....	248-246-3300
Recycling & Refuse Collection	248-246-3300
Sewer Maintenance.....	248-246-3300
Water Maintenance	248-246-3300
Emergencies between 4:00 pm - 7:30 am & weekends	248-246-3500
Purchasing	248-246-3030
Royal Oak Golf Course 3417 Don Soper Dr.	248-554-0019
Salter Community Center 1545 E. Lincoln.....	248-544-4166
Senior Center 3500 Marais.....	248-246-3900
Street Lighting Outage - DTE Energy	800-477-4747
TDD (Hearing Impaired)	248-246-3010
Treasurer	248-246-3140
Voter Registration	248-246-3050
Water Bills	248-246-3160
Youth Assistance 1601 N. Campbell.....	248-546-8282
Website	www.romi.gov



City of Royal Oak Home Improvement Program

Loans and grants are available through the City's Housing Office to help qualified homeowners repair their homes. The Home Improvement Program is intended to maintain and improve the City's neighborhoods by helping low- and moderate-income homeowners make necessary repairs. Eligible applicants must be the owner and occupant of a single-family home in the City of Royal Oak with a household income within the established guidelines.

INSTALLMENT LOANS/FORGIVABLE LOANS: Regular monthly installment loans up to \$50,000 with 0% interest require applicants to be the owner and occupant of a single-family home with a total household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$53,700	4	\$76,700
2	\$61,400	5	\$82,850
3	\$69,050	6	\$89,000

DEFERRED LOANS: Homeowners may be eligible for a deferred loan up to \$50,000. These loans have a interest rate of 3%, interest starts when payment begins. The loan becomes due for a period of time as determined by the Loan Committee. Applicants for deferred loans must have a household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$33,600	4	\$47,950
2	\$38,400	5	\$51,800
3	\$43,200	6	\$55,650

Forgivable loans are available for qualified exterior work up to \$15,000, the income qualification is the same as the installment loan.

The City assists determining the work necessary to selecting a contractor. Applicants are not required to put money down or pay fees usually charged by private lenders. Mortgages and Liens are placed on the property.

Home improvements are to correct health and safety violations, provide for structural preservation, energy conservation or handicapped access. The program is also equipped to address lead-based paint hazards. These are some eligible improvements:

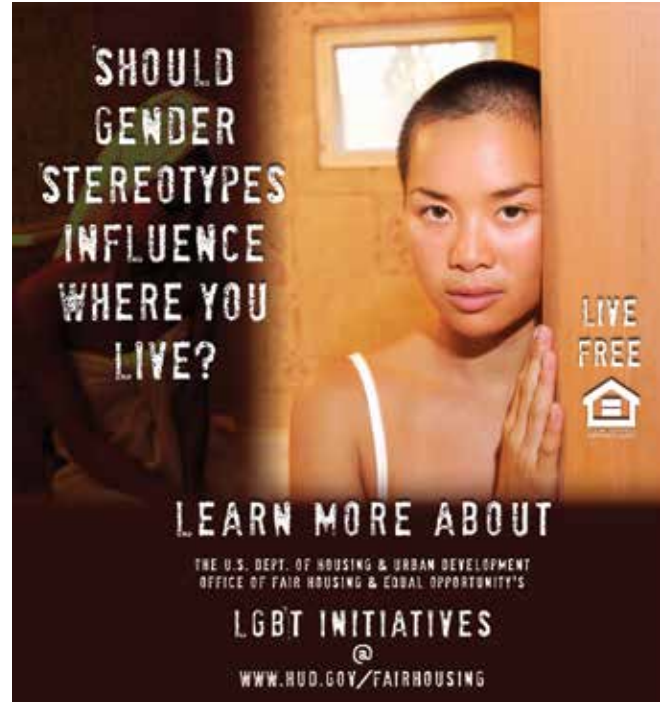
ROOF	PLUMBING/SEWER
SIDING	FURNACE/ AIR CONDITIONING
WINDOWS	ELECTRICAL UPDATE
INSULATION	KITCHEN UPDATE
PORCH REPAIR	BATHROOM UPDATE
DRIVEWAY	BASEMENT WATERPROOFING

The City maintains a list of qualified general contractors who are responsible for all of the trades involved in residential construction. The program will provide a loan or grant up to the amount of the lowest, viable bid.

For more information call (248) 246-3292 or visit www.romi.gov



Non-English speaking or hearing impaired and disabled persons wishing to arrange translation or interpretive services may inform the City Clerk's Office. The City Clerk may be reached at (248) 246-3050 or (248) 246-3010 for telecommunications device for the Deaf (TDD).





Grilling Safety

There's nothing like outdoor grilling. It's one of the most popular ways to cook food. But, a grill placed too close to anything that can burn is a fire hazard. They can be very hot, causing burn injuries. Follow these simple tips and you will be on the way to safe grilling.

SAFETY TIPS

- » Propane and charcoal BBQ grills should only be used outdoors.
- » The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.
- » Keep children and pets at least three feet away from the grill area.
- » Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- » Never leave your grill unattended.
- » Always make sure your gas grill lid is open before lighting it.

CHARCOAL GRILLS

- » There are several ways to get the charcoal ready to use. Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel.
- » If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.
- » Keep charcoal fluid out of the reach of children and away from heat sources.
- » There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.
- » When you are finished grilling, let the coals completely cool before disposing in a metal container.

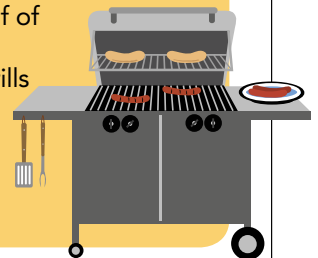
PROPANE Grills

Check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles. If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off both the gas tank and the grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department. **If you smell gas while cooking, immediately get away from the grill and call the fire department.** Do not move the grill.

If the flame **goes out**, turn the grill and gas off and wait at least **5 minutes** before re-lighting it.

FACTS

- ! July is the peak month for grill fires.
- ! Roughly half of the injuries involving grills are thermal burns.



NATIONAL FIRE PROTECTION ASSOCIATION
The leading information and knowledge resource on fire, electrical and related hazards



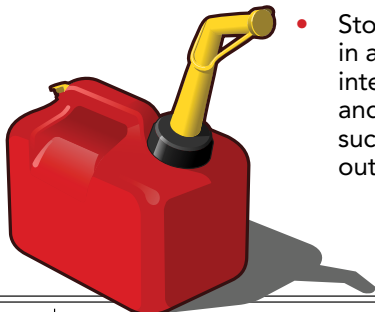
Royal Oak FIRE DEPT



Generator Safety

Downed utility lines, power company blackouts, heavy snow falls or summer storms can all lead to power outages. Portable generators are a temporary solution to power appliances. It's important to know that portable generators emit carbon monoxide (CO), a poisonous, deadly gas. Use these tips to avoid CO exposure:

- Use portable generators outdoors in well-ventilated areas at least 20 feet from all doors, windows, and vent openings. Measure the 20-foot distance from the generator to the building.
- Never use a generator in an attached garage, even with the door open.
- Place generators so that exhaust fumes can't enter the home through windows, doors or other openings in the building. The exhaust must be directed away from the building.
- Make sure to install carbon monoxide (CO) alarms in your home. Follow manufacturer's instructions for correct placement and mounting height.
- Turn off generators and let them cool down before refueling. Never refuel a generator while it is hot.



- Store fuel for the generator in a container that is intended for the purpose and is correctly labeled as such. Store the containers outside of living areas.

Just Remember...

When plugging in appliances, make sure they are plugged directly into the generator or a heavy duty outdoor-rated extension cord. The cords should be checked for cuts, tears and that the plug has all three prongs, especially a grounding pin.

If you must connect the generator to the house wiring to power appliances, have a qualified electrician install a properly rated transfer switch in accordance with the National Electrical Code® (NEC) and all applicable state and local electrical codes.

FACT

- ! Portable generator exhaust is toxic and deadly. Do not stand or sit downwind of generator exhaust. If you can smell exhaust, you are inhaling it.



NATIONAL FIRE PROTECTION ASSOCIATION
The leading information and knowledge resource on fire, electrical and related hazards



Royal Oak FIRE DEPT



Color Our World – Summer Reading 2025

Everyone is an artist! Discover your creativity and challenge yourself to explore the beauty of art that surrounds us by participating in our Summer Reading Programs. Residents of all ages are invited to participate. You can read or listen to books, complete activities, and attend programs to earn prizes. Check out our events calendar and sign up for monthly newsletters to stay informed about what's happening. No matter what your medium, the library is sure to have something to ignite your inner artist and enrich your summer.

Join us for our Summer Reading Opening Day event on Friday, June 13 from 3:30 - 5:30 pm.

Enjoy a fun-filled Friday as we kick off Summer Reading in Centennial Commons!

- Register for Summer Reading
- Sign up for a Library Card
- Bounce houses, obstacle course, and yard games provided by **Oakland County Parks**
- OUR Credit Union will be here with popcorn and an appearance from Oakey Dokey!
- Face Painting provided by **Vibe Credit Union**
- Free Ray's Ice Cream scoops provided by the **Friends of the Library**
- Friends of the Library Book Sale
- Button Making



Events Calendar



Youth Summer Reading Challenges Birth - High School June 10 - August 11

1. Register starting June 10, or during our big kick-off party on Friday, June 13! You can register with a youth librarian or sign yourself up on the Beanstack app. Enroll in the age-appropriate challenge and check out the coinciding grand prizes in our display for the challenge you select.
2. Log your reading and complete the activity badges to earn prizes and virtual tickets for a chance to win one of the grand prizes.
3. Stop by the youth reference desk to collect your prizes and be sure to enter your virtual tickets for our grand prize drawings by Monday, August 11.

Summer Reading Program for Adults! June 10 - August 11

Get to know the library and Royal Oak businesses this summer! Earn chances to win gift cards to area businesses and unique gift baskets by completing challenges and visiting businesses around town! The more activities you complete, the more chances you earn for the prizes of your choice!

Here's how it works:

1. Register starting June 10, or during our big kick-off party on Friday, June 13!
2. Pick up a Summer Reading Map and/or register using the Beanstack app!
3. Earn prize entries by completing challenges and visiting participating businesses – no purchase necessary!
4. Track your progress using the Map and/or online using the Beanstack app.
5. Ensure you've collected your prize tickets by Friday, August 11!



Give back to the library and volunteer with the Friends!
Visit ropl.org/1073/Volunteer to apply!

Don't forget to visit Vicki, our Library Book Vending Machine at Woodward Corner Market!



**Royal Oak
PUBLIC LIBRARY**

222 E 11 Mile Road • Royal Oak, MI 48067
248.246.3700 • www.ropl.org

City Of Royal Oak
203 S. Troy St., P.O. Box 64
Royal Oak, MI 48068-0064

City Hall Office Hours
Monday-Thursday, 8:00 am - 4:30 pm
Friday, 8:00 am - 12 noon
www.romi.gov

**POSTAL CUSTOMER
ECRWSS**

PRSRT STD
U.S. POSTAGE
PAID
Permit No. 83
Warren, MI

Sun, Fun, and Splashin' Good Times!



**The Normandy Oaks Splashpad opens
for the season on Memorial Day, May 26.**

Hours of operation are 9:00 am - 9:00 pm.

For more information, please visit: romi.gov/Facilities/Facility/Details/Normandy-Oaks-Park-76